



APTA Geriatrics

An Academy of the American
Physical Therapy Association

Presenting the Candidates for the 2025 Election

The Nominating Committee of the Academy present to the membership the following list of candidates for the 2025 election.

Our governance is only as good as the people and ideas that we vote for. This is as true in volunteer and professional organizations as it is in your local, state and national government. These generous volunteers who are stepping up for positions in the APTA Geriatrics community deserve our respect and thanks. Only PT and PTA members of APTA Geriatrics are eligible to vote. All others are restricted. Those eligible to vote all have the same weight.

Please review the candidates in preparation for the election that will be held **October 1 - 21, 2025.**

Presented in alphabetical order by last name, using
[APTA's Appropriate Use of Designations.](#)

Candidates

See accomplishments and leadership experience on the following pages.

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Board of Directors: Secretary7

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- JoAnna Messimer, PT, DPT
- Edward Reyna, PT, DPT

**Rashelle Hoffman, PT, DPT, PhD**

Board-Certified Geriatric Clinical Specialist

Professional Accomplishments

My most significant accomplishments have been to peak the interest of students to pursue geriatric physical therapy careers through my faculty position at Creighton University. Secondly, I consider it a privilege to continue to work on interdisciplinary research teams to advocate for the physical therapy profession. Thirdly, I am still early in my career but am excited about the impact of some of my team's research in high-intensity interval training for older adults and ways to make daily physical activity a habit for individuals with cognitive impairment to enhance longevity, quality of life, and reduce risk of comorbidities.

Activities and Leadership

I am currently serving as the Cognitive and Mental Health SIG Vice Chair (2023-2025) and a member for the APTA Geriatric HIIT Taskforce. Previously, I have delivered two APTA Geriatrics Webinars ("Why Residency?" in 2023; "Demystifying Dementia: Providing PT Care with Confidence and Clarity" in 2024) and served as the APTA Geriatrics Nebraska State Advocate (2018-2020).

Rashelle Hoffman, PT, DPT, PhD continued

Board-Certified Geriatric Clinical Specialist

Physical Therapy Employment Over the Past 5 Years

- 2023-present: Geriatric Physical Therapy Residency Director, Creighton University, Omaha, NE
- 2022-present: Assistant Professor, School of Pharmacy and Health Professions, Department of Physical Therapy, Creighton University, Omaha, NE
- 2020-2021: Postdoctoral Fellow, Rocky Mountain Regional VAMC, Aurora, CO

Relevant Leadership or Physical Therapy Honors or Awards

- 2024: APTA Academy of Research Traveling Fellow
- 2024: Fellow, Institute on Methods and Protocols for Advancement of Clinical Trials in Alzheimer's Disease and Related Dementias (IMPACT-AD)
- 2024: Fellow, Alzheimer's Association Interdisciplinary Summer Research Institute (AA-ISRI)
- 2024: Nebraska Foundation for Physical Therapy Dissemination Award
- 2023: Fellow, Gerontological Society of America Diversity Mentoring and Career Development Technical Assistance Workshop
- 2023: Fellow, NIH TIGRR (Training in Grantsmanship in Rehabilitation Research)
- 2021: Best Clinical Research Poster, Academy of Neurologic Physical Therapy Annual Conference
- 2021: Postdoctoral Association Professional Development Award, University of Colorado Anschutz Medical Campus
- 2020: Best Abstract, Academy of Pediatric Physical Therapy, APTA CSM

**Jacqueline Osborne, PT**

Board-Certified Geriatric Clinical Specialist
Advanced Certified Exercise Expert for Aging Adults
Certified Balance and Falls Professional

Professional Accomplishments

I was the first physical therapist appointed to the President's Council on Sports, Fitness and Nutrition Science Board in 2022. This is a group that was established by President Eisenhower in 1956. The 2022 Science Board supported the development of the Physical Activity Guidelines Midcourse Report on Older Adults published in 2023. I am extremely proud to have represented our profession in this way. I was able to argue to a national and influential audience that physical therapists should regularly be invited to be a part of any group working on physical activity and movement. I firmly believe that physical therapists should be included in these groups so that there is more awareness to the community at large as to the education of physical therapists, the value of PTAs and the scope of practice we possess. We are the profession prepared to support the unprecedented growth of aging Americans.

Activities and Leadership

I have had the great fortune over my 22-year career to be surrounded by professionals who challenge, support and mentor me. Because of this, I have been able to serve in many ways: Hybrid CEEAA Course Co-coordinator since February 2024, Elected to APTA Geriatrics BOD (2018-2024), APTA Geriatrics Balance & Falls SIG Member (2015-present), APTA Geriatrics Residency & Fellowship SIG Member (2015-2022 and Secretary 2015 - 2018), ABPTRFE Board Member (January 2019 - present), ABPTRFE Rep to the Collaborative for PT Education (2024 - present), Appointed to APTA's Mentorship Workgroup (March 2023 - December 2024), Appointed by President Biden to the 2022 President's Council on Sports, Fitness and Nutrition Science Board, Appointed to the APTA Residency Performance Measurement Workgroup (March 2014 - December 2021), Invited Member, APTE Residency and Fellowship Education SIG Think Tank Member (October 2017 - October 2018), and with the FPTA in different ways.

Jacqueline Osborne, PT continued

Board-Certified Geriatric Clinical Specialist

Advanced Certified Exercise Expert for Aging Adults

Certified Balance and Falls Professional

Physical Therapy Employment Over the Past 5 Years

July 2022 to present Chief Experience Officer of YouMeCare - I started this company with a colleague after the pandemic in response to the limited resources available to people who need help in their homes. YouMeCare is a private duty caregiving platform that connects and supports people who need help at home with caregiver and companionship services. I keep my clinical skills sharp in an outpatient clinic where I practice 5-10 hours a week and have the privilege of treating older adults 100% of the time! I have been working in this capacity since April 2024. I left my position as the founding Program Coordinator of the Brooks Geriatric Physical Therapy Residency Program in Jacksonville, Florida in July 2022. I started the program in 2010 and achieved accreditation in 2012, but sadly the program was furloughed by the Brooks organization during the COVID pandemic and was placed on an inactive status.

Relevant Leadership or Physical Therapy Honors or Awards

- I was the recipient of the FPTA Fred M. Rutan Outstanding Service Award in 2016. This award was the first I have ever received. I was so humbled to be recognized for doing something that I felt was an inherent duty of mine as a PT – to advocate for things like direct access, lower insurance co-pays and covered fall prevention screenings for the older adult residents of Florida.
- I was on the team who received the Excellence in Geriatrics Research Award from APTA Geriatrics in 2017. I was among an incredible group of people charged with developing a meta-analysis and systematic review for fall risk assessment tools. This work was vigorous and rewarding and I am so grateful to have been a part of a team.
- Arcadia University College of Health Sciences Vomachka Alumni Achievement Award - I was honored with an alumni award in March 2024. I was invited to speak to 2nd and 3rd year Doctor of Physical Therapy students at Arcadia University in Philadelphia. My charge was to share my experiences and perspectives and to inspire current DPT students toward professional achievement. My then 14-year-old son was present with me when I accepted this award. It was such a wonderful experience to share the work of my career to an audience that included my amazing son!

**Mariana Wingood, PT, DPT, MPH**

Board-Certified Geriatric Clinical Specialist
Advanced Certified Exercise Expert for Aging Adults
Credentialed Balance and Falls Professional

Professional Accomplishments

Accomplishments as a leader as it relates to advocacy for our profession has to do with my efforts of ensuring that we, as a profession, are included in the conversations related to aging, fall prevention, and physical activity. This includes promoting interprofessional collaborations and starting collaborations with organizations such as NCOA and ACSM.

Activities and Leadership

I have held a number of leadership positions for APTA Geriatrics, including: 1) Evidence Database to Guide Effectiveness (GeriEDGE) Member (2013-2020) and Chair (2020-2025); 2) Vermont State Advocate (2014-2017); 3) Research Mentor for Critical Appraisal and Datamining (2016-2017); 4) Program Committee Co-Chair (2016-2018); 5) Balance and Falls Special Interest Group Chair (2016-2019); 6) Journal Club Founder and Coordinator (2017-2020); 7) Physical Activity Campaign Taskforce Member (2020); 8) Combined Section Meeting Steering Committee Member (2021-2022); and 9) Secretary and Executive Board Member (2023-Present).

Physical Therapy Employment Over the Past 5 Years

For two of the past five years, I was a post-doctoral fellow. However, even as a fellow, I treated within the VA in Boston about 6-12 hrs/week. After graduating from my fellowship in 2023 I started my academic position at Wake Forest School of Medicine where I actively treat patients 6 hrs/week.

Relevant Leadership or Physical Therapy Honors or Awards

My leadership roles are described above. Physical therapy honors I have had include: 2017-American Physical Therapy Association's Emerging Leader-nominated by American Physical Therapy-Geriatrics 2018-American Physical Therapy Association-Geriatrics' Excellence in Geriatric Research Award 2020 -American Physical Therapy Association's Emerging Leader-nominated by Vermont State Chapter 2021-University of Vermont's Master of Public Health - Achievement in Public Health Practice Award 2022- University of Vermont's Graduate College- Outstanding Dissertation Award.

**Tara Maroney, PT, DPT**

Board-Certified Geriatric Clinical Specialist
Certified Exercise Expert for Aging Adults

Professional Accomplishments

My most significant accomplishment as a leader regarding advocacy for our profession occurred last year when I represented Massachusetts at the House of Delegates with a motion on psychological safety. Psychological safety is defined as a shared belief among individuals as to whether it is safe to engage in interpersonal risk-taking in the workplace. A psychologically safe workplace is one in which people feel safe enough to engage in open communication, voice concerns, and seek greater feedback, which can all contribute to better team performance, better patient outcomes, and overall personal wellbeing. PT and PTA mental health, particularly in regard to burnout, is one of many challenges to our professions long term sustainability. Through this motion, I was able to collaborate with the Academy of Leadership and Innovation, the catalyst group - PT in Mental Health, and the APTA DEI Committee. This motion was adopted and there are now resources and tools available for our membership in this topic area.

Activities and Leadership

I have been a member of the APTA since 2008 and have held the following leadership roles: Academy of Geriatrics, Massachusetts Co-State Advocate, 2023-2025 Academy of Geriatrics, Programming Committee, 2022-Present APTAMA Western District Delegate, 2020-Present APTAMA Assembly Representative, Western District, 2019-Present APTAMA Geriatric Special Interest Group, Vice Chair, 2020-2022 APTAMA Delegate-at-Large, 2019-2020 APTA NEXT Planning Committee, 2017-2020, Co-Chair, 2019-2020 APTAMA, Western District, Chief Assembly Representative, 2015-2018 NCPTA, Sandhills District, Vice Chair, 2013-2014 CPTA Early Professionals Special Interest Group, Co-Creator & Co-Chair, 2010-2011 Sacred Heart University, DPT Program, Curriculum Committee, 2008-2010.

Tara Maroney, PT, DPT continued

Board-Certified Geriatric Clinical Specialist
Certified Exercise Expert for Aging Adults

Physical Therapy Employment Over the Past 5 Years

American International College, Department of Physical Therapy, Associate Professor, 2024-Present; Assistant Professor, 2019-2024; Part-Time Assistant Professor, 2017-2019; Adjunct Professor, 2015-2017; Per Diem Physical Therapist, Mercy Rehabilitation Hospital (IRF), 2024-Present (previously full time PT from 2014-2017, and part time PT 2017- 2020); Per Diem Physical Therapist, Neurological Optimal Wellness (Outpatient Neuro), 2022-2024.

Relevant Leadership or Physical Therapy Honors or Awards

APTA Emerging Leadership Award (2017).

Nominating Committee Member



Lucy Henck Jones, PT, DPT, MHA

Board-Certified Geriatric Clinical Specialist, Emeritus
Certified Exercise Expert For Aging Adults
Advanced Certified Exercise Expert for Aging Adults

Professional Accomplishments

I currently practice as a home health PT and in the Probono program at Temple University (2024-2025), and Widener University (2023-2024). I am excited to be a clinical mentor and see the potential for growth in practice in geriatrics for the students as they encourage the clients they see to move forward using evidence based knowledge for exercise prescription to use evaluation skills, assessments, and implement interventions towards patient centered outcomes. How fun it is to watch the students develop relationships of trust with their patients motivating them to continue to succeed.

Activities and Leadership

In APTA Geriatrics, I have volunteered on the Board Of Directors for 2 terms, and Nominating Committee for one term. I am a member of several special interest groups, and lately the Global Health SIG, serving for 1 year as the Treasurer for the WCPT. I represented the University of Indiana in Belize as a clinical mentor for PT and OT students, in Haiti in their prosthetic clinic following the earthquake with Hope for Haiti, and in Jericho for their wheelchair fitting, nursing home, and PT clinic with a local organization.

Physical Therapy Employment Over the Past 5 Years

Therapy Choice, Home Health Physical Therapy 2018 to present, Geriatric Certified Specialist, Emeritus Temple University Probono Clinical Mentor 2024-2035
Chester Community Clinic, Widener University. 1/2023 -2024
CEEAA lab assistant 2018-2024 Certified Exercise Expert for the Aging Adult
LSVT BIG for Parkinson's Disease intervention 2022 augmenting practice with HH.

Relevant Leadership or Physical Therapy Honors or Awards

With participation in the Director role for 6 years, the Journal of Geriatric PT, and the AGPT website development into a multifaceted presence, I received the President's Award for AGPT 2020. Temple University (2024-2025).

**Mary Grace M. Doroteo, PT, DPT**

Board-Certified Geriatric Clinical Specialist
Board-Certified Neurologic Clinical Specialist
Certified Dementia Practitioner

Professional Accomplishments

I have been a dedicated physical therapist and an advocate for the care older adult with clinical emphasis on balance training, fall prevention, and promotion of mobility and independence. As I have mentioned previously, I have presented a webinar entitled “Spring Into Action: Enhancing Fall Risk Screening to Prevent Falls in Older Adults” last May 22, 2025 for the FPTA Geriatrics SIG. As the Special Projects Liaison for the APTA Geriatrics Balance & Falls SIG, I made it a priority to step up and volunteer to present a clinical case study for the APTA Geriatrics Journal Club for August 2025. In addition to these volunteer work, in my work as a staff physical therapist for the VHA – Tallahassee VA Outpatient Clinic, as part of my commitment to fall prevention efforts, I conducted an in-service training entitled “Fall Prevention for Primary Care Nurses” for the Tallahassee VA Outpatient Clinic, Marianna Community Based Outpatient Clinic, and Perry Community Based Outpatient Clinic last May 2024. Last month, I, together with the primary care nursing team, had submitted a collaborative project proposal to implement a comprehensive annual fall risk screening and management program for veterans aged 65 and older, integrated into our Computerized Patient Record System (CPRS).

Activities and Leadership

I have been a proud member of the American Physical Therapy Association (APTA) since 2015, with active involvement in APTA Geriatrics and the Florida Physical Therapy Association (FPTA) Geriatrics Special Interest Group (SIG) since 2018, and APTA Neurology since 2023. I’m also an active member of the Academy of Filipino American Physical Therapists since 2016. Currently, I serve as the Special Projects Liaison for the APTA Geriatrics Balance & Falls SIG, where I took the lead on our SIG’s most urgent project - presenting a clinical case study for the APTA Geriatrics Journal Club for August 2025. As an active member of the FPTA Geriatrics SIG, I recently presented a webinar entitled “Spring Into Action: Enhancing Fall Risk Screening to Prevent Falls in Older Adults” (May 22, 2025). In my role at the Veteran Health Administration (VHA), I have been passionate about promoting fall prevention. Last May 2024, I conducted an in-service training entitled “Fall Prevention for Primary Care Nurses” for the Tallahassee VA Outpatient Clinic, Marianna Community Based Outpatient Clinic, and Perry Community Based Outpatient Clinic. I also spearheaded a collaborative project proposal with the Tallahassee VA Outpatient primary care nursing team to implement a comprehensive annual fall risk screening and management program for veterans aged 65 and older, integrated into our Computerized Patient Record System (CPRS).

Mary Grace M. Doroteo, PT, DPT continued

Board-Certified Geriatric Clinical Specialist

Physical Therapy Employment Over the Past 5 Years

- November 2023 to present - I'm a full-time outpatient physical therapist at the Sgt. Ernest I. "Boots" Thomas VA Clinic. I also mentor Doctor of Physical Therapy students as an APTA Credentialed Clinical Instructor.
- January 2025 to present - PRN acute care physical therapist at HCA Florida. May 2022 to November 2023 - I worked as a full-time acute care physical therapist at the Tallahassee Memorial Hospital.
- November 2023 to November 2024 - PRN acute care physical therapist, Tallahassee Memorial Hospital.
- May 2016 to May 2022 - I worked as a full-time home health care physical therapist at the Amedisys Home Health - Tallahassee. I also served as a peer mentor.

Relevant Leadership or Physical Therapy Honors or Awards

While working as a physical therapist at Tallahassee Memorial Hospital, our acute care rehab team was recognized for exemplifying TMH ICARE Values (September 27, 2022).



Marcio dos Santos, PT, PhD

Professional Accomplishments

I helped develop and approve the Master in Science Physical Therapy program at Santa Catarina State University. This program was the only one in Southern Brazil, serving three states. It received approval from the Brazilian Coordination for the Improvement of Higher Education Personnel (CAPES, acronym in Portuguese). Additionally, I served as the president of the National Congress of Physical Therapy in Brazil (XIX Congresso Brasileiro de Fisioterapia, Florianópolis, SC, Brazil, 2011), where we brought together 3,000 attendees, including renowned physical therapists and researchers both nationally and internationally recognized. We offered several mini courses towards the development in Physical Therapy of public and collective health.

Activities and Leadership

I am currently serving as a member of the APTA Geriatrics Content Review Committee from August 1, 2024, to December 31, 2025. My leadership commitment focuses on academic and research development. In terms of research, I have directed two motor control laboratories at different universities: the University of Kansas Medical Center and Santa Catarina State University in Brazil. These laboratories included research partners and students from various programs, including PhD, MSc, DPT, and PT candidates. Our scientific work produced various published studies on motor control in older adults and individuals with neurological diseases. Academically, I am serving as the director of the Medical Screening and Pathology I and II courses in the DPT program at the University of St. Augustine (USA). I am developing and organizing these courses across all five university campuses. Additionally, I am a member the Institutional Research Board and the Admissions Committee of the USA.

Marcio dos Santos, PT, PhD continued**Physical Therapy Employment Over the Past 5 Years**

- Title: Core Faculty
- Faculty rank: Associate Professor
- Institution: University of Saint Augustine for Health Sciences
- City and State: Miami - Florida
- Duration: 8/2019 to present

Relevant Leadership or Physical Therapy Honors or Awards

2016, Accepted into the Young Investigator Career Development and Grant Mentoring program by the United States Bone and Joint Initiative (USBJI) and Bone and Joint Canada, Rosemont, IL, USA, 2016. 2011, Support award for implementation of "XIX Physical Therapy National Conference – Brazilian Physical Therapists' Association (AFB) - Florianópolis 2011," as a chairperson. Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (PAEP 5739/2011-47 - CAPES-Brazil). Funded grant activity: Marcio dos Santos, Primary Investigator Amount of funding awarded: \$5000 Nature of project: Gait Analysis Following Lower-Extremity Injury Using Smartphone Technology. Major Goals: to test the feasibility to monitor the progression of gait in patients with lower- extremity injury in clinical sites using smartphone technology. Date and source: 2013, KU School of Health Professions Marcio dos Santos, Co-Investigator Amount of funding awarded: \$10,130 Nature of project: Balance and muscular strength: reference values in children from 6 to 10 years old. Major Goals: to create reference values of balance and strength for children from 6 to 10 years old. Date and source: 2013, CNPq/Brazil Marcio dos Santos, Primary Investigator Amount of funding awarded:\$31,180 Nature of project: Postural control strategies in the elderly submitted to external perturbations. Major Goals: to investigate potential postural control deficits in elderly fallers and non-fallers during postural disturbances. Date and source: 2010, FAPESC, Brazil.

Vice Chair, Health Promotion and Wellness SIG



JoAnna Messimer, PT, DPT

Board-Certified Geriatric Clinical Specialist

Physical Therapy Employment Over the Past 5 Years

Started 1996 with Texas Health Resources. I have worked my entire career with THR. The past 5 years I have been a clinical specialist in my hospital based outpatient clinic. I work with almost all (excluding women's health) diagnoses including vestibular currently. I am LSVT BIG certified.

Relevant Leadership or Physical Therapy Honors or Awards

Clinical Excellence Award 2025 1st place project THR RINK Symposium 3rd place abstract TCU Evidence-based Fellowship Employee of the year 2021.

Vice Chair, Health Promotion and Wellness SIG



Edward Reyna, PT, DPT

Board-Certified Geriatric Clinical Specialist
Certified Exercise Expert For Aging Adults

Professional Accomplishments

As part of legislative and policy advocacy, I participated in the TPTA Legislative Day where we engaged with lawmakers to support physical therapy practice, direct access, and reimbursement issues. As part of workplace and institutional advocacy, I have promoted the value of PT services and advocated for fair reimbursement with insurance companies by presenting bite size clinical information through clinical deliverables, case reports to showcase patient outcomes, and scientific poster presentations to highlight these efforts. As part of public awareness and education, I am a Clinic Ambassador for the APTA PT Moves Me program which is designed to raise awareness of the profession, recruit the next generation of physical therapists and assistants, and increase diversity within the applicant pool.

Activities and Leadership

My national involvement includes active member of the APTA Geriatrics Health Promotion and Wellness SIG, where I currently serve as the Clinical Liaison. I am also a member of the APTA SNF SIG and Balance and Falls SIG, and I have contributed to the APTA Geriatrics Balance & Falls SIG Multidisciplinary Toolkit Taskforce (2024). Additionally, I supported the APTA Community Outreach Campaign Project (2024) and participate in the APTA PT Moves Me Clinic Ambassador program. I was selected as a Subject Matter Expert for the APTA Geriatrics Hybrid CEEAA Program (2023). At the state level, I am currently a Level 2 mentee in the TPTA Tom Waugh Leadership Development Program. I currently serve as the Chair for the TPTA Practice & Professional Development Committee and as the Practice Committee Liaison for the TPTA Coastal Bend District.

Vice Chair, Health Promotion and Wellness SIG

Edward Reyna, PT, DPT continued

Board-Certified Geriatric Clinical Specialist

Certified Exercise Expert For Aging Adults

Physical Therapy Employment Over the Past 5 Years

- 1) Therapy Resource, Ensign Services, Inc, 2022-Current.
- 2) Rehab Program Manager, Sava Senior Care, 2021-2022.
- 3) Staff Physical Therapist, Sava Senior Care, 2011-2021.

Relevant Leadership or Physical Therapy Honors or Awards

- 1) Clinical Liaison, APTA Geriatrics Health Promotion and Wellness SIG (2025).
- 2) Chair, TPTA Practice & Professional Development Committee (2024).
- 3) Practice Committee Liaison, TPTA Coastal Bend District (2024).
- 4) TPTA Tom Waugh Leadership Development Program (2023).
- 5) APTA Geriatrics Clinical Impact in Geriatrics Recipient (2022).
- 6) APTA Certified Exercise Expert for the Aging Adults (2019).
- 7) APTA Board-Certified Clinical Specialist in Geriatric Physical Therapy (2018).