

Q3 - 2025 State Advocate Quarterly Meeting Notes

Date: July 16, 2025
5PM PT, 6 PM MT, 7PM CT, 8PM ET

SAVE THE DATES - Next Meetings:

2025 - 5PM PT, 6 PM MT, 7PM CT, 8PM ET

Q4: October 22, 2025

1. Welcome

East Region:

West Region: MT: Donna Bainbridge

Mid Region:

2. Review of Updated State Advocate Information Packet

- a. We reviewed the updated handbook and will email all SAs a copy
- b. Please provide feedback to your regional coordinator
- c. Please **email** your regional coordinators if you are unable to attend quarterly meetings. We are here to help and give support.

3. Usage of Logo and APTA Geriatrics name :

- a. Based on the information from the Task Force, and several meetings with board members, the APTA Geriatrics Board of Directors continues to determine on the best use of the APTA Geriatrics logo
- b. Board of directors approval is currently needed for any usage
- c. Email coordinators with any requests for usage

4. Communication with APTA Geriatrics:

- a. Please contact your regional coordinator (or all three) to connect with APTA Geriatrics staff
- b. Kim Thompson is our staff liaison, providing us with emails
- c. Christina McCoy is the Executive Director
- d. Beth Black is our liaison with the APTA Geriatrics Board of Directors
- e. Communities - new communication tool through APTA Geriatrics

5. Communities

- a. A new communication tool that is used through APTA Geriatrics
- b. Forum is not active anymore

- c. State Advocates will have their own page (alongside the SIGs)
- d. Expect an email with an invite by the end of the month.

6. Website Updates

- a. Check your state. Is your information correct?
- b. To put your events on the calendar: Contact your Regional Coordinator
- c. Member Toolkit:
 - i. <https://aptageriatrics.org/member-toolkit/>
 - ii. Share your stories link on the page

7. Budget

- a. In order to make a small batch order, please reach out to the coordinators by August 1 or March 1 if you would like a SAFE table runner
- b. We have a budget for incidental expenses through community events
- c. Process: Please fill out this [FORM FOR COMMUNITY EVENT](#) after you have contacted your regional coordinator.

8. State Liaison

- a. How to increase engagement with state chapters as a geriatric state advocate:
 - i. Write an article for the state chapter newsletter (ours is online)
 - ii. Put your events on the state calendar on the website
 - iii. Encourage geriatric topics for state conferences
 - iv. Work with Geriatric SIGS, promoting activities, education

9. SAFE - Sustained Athlete Fitness Exam

- a. Individual state SAFE at Senior Olympics/Games
- b. Volunteers needed at National Senior Games in Des Moines, Iowa - July 23, 2025 - August 2, 2025
- c. Signup Link:
https://signup.com/mobileweb/2.0/vspot.html?activitykey=34225752808#choose_event_page

What The National Senior Games and Sustained Athlete Fitness Exam (SAFE) are coming to Iowa!

Why: Support the partnership between APTA Geriatrics and the National Senior Games Association!

Who: PTs, PTAs, and students

Where: The Rec Plex, Des Moines, Iowa

When: July 23-August 2

Questions Contact Becca.Jordre@usd.edu / 605-658-6370

Sign Up <https://signup.com/go/UNznfyQ> or scan QR code

Sign Up! 

Affordable dorm housing available.

Continuing education credit option with additional training [details here.](#)






d.

10. Update from Leadership Chat

- a. New mentorship program in development

11. Advocacy for geriatric physical therapy - legislatively

- a. What can YOU do? What are you doing?
- b. State level and national level
- c. APTA Geriatrics/Home Health Delegates represented at House of Delegates
- d. Be informed and reach out to your representative

12. CSM - PT in the Community

- a. Often a falls prevention based community event through the leadership section
- b. Great opportunity to do an activity with geriatric focus and with our colleagues
- c. APTA Geriatrics is going to support this activity, so come early and participate!
- d. **2026 - Anaheim**
- e. 2027 - Philadelphia
- f. 2028 - Chicago
- g. **California has said YES! But let's set up a team of us to help!**

13. National Falls Prevention Awareness Week (Sept 22-26, 2025) PT Month - (October)

- a. Theme - **From Awareness to Action**
- b. Never too early to start planning

- 14. Membership engagement** - most asked question to the Regional Coordinator team
- a. Student partnerships - manage FB pages? Email blast? Be a Co-advocate?
 - b. PT/PTA school involvement with SA program
 - c. Frequent emails to all members about events being planned/considered in your state
 - i. When students join and you add them to the list; reach out - see who their Geri Professors are. See if they want to volunteer, ask them what school they attend.
 - ii. Perhaps we can use students to send emails, or to be a co-advocate or jr. advocate?
 - iii. Working on getting list of academics in state - reach out to them if this becomes available
 - iv. **April and September** - look for an updated complete list from Kim
 - d. Partner with APTA Geriatric SIGs (Bone Health, Health Promotion and Wellness, Balance and Falls, Cognitive and Mental Health, Global Health, SNF)

15. Updates:

- a. SAFE Banner request: Please request this through your regional coordinator.

16. Success stories:

- a. APTA "Tell Us Your Story"
 - i. <https://www.cognitofirms.com/APTAGeriatrics/TellUsYourStory>

17. Nice Try's:

- a. Definition: Lots of good intentions and effort but didn't quite make it into the "Success" domain but I certainly tried!

18. Announcements:

- a. OPEN State Advocate Positions:
 - i. East: Maine, New Hampshire
 - ii. Mid: South Dakota, Louisiana
 - iii. West: Hawaii
- b. OPEN Co-Advocate Positions:
 - i. East: -
 - ii. Mid: Missouri, Kentucky, Michigan
 - iii. West: Nebraska, Texas, Washington, Utah

State Advocate Check in:

19. Questions that were asked and discussed:

- a. **Any success stories? Or Nice Tries?**
- b. **What are you most excited about this year?**