

Q1 - 2025 State Advocate Quarterly Meeting

Date: January 22, 2025
5PM PT, 6 PM MT, 7PM CT, 8PM ET

SAVE THE DATES - Next Meetings:

2025 - 5PM PT, 6 PM MT, 7PM CT, 8PM ET

Q2: April 23, 2025

Q3: July 16, 2025

Q4: October 22, 2025

1. Welcome

East Region: No new SA this quarter

West Region: NEW MEXICO! Lauren Baier &

Mid Region: No new SA this quarter

2. Success stories:

a. APTA "Tell Us Your Story"

i. <https://www.cognitofrms.com/APTAGeriatrics/TellUsYourStory>

3. Nice Try's:

a. Definition: Lots of good intentions and effort but didn't quite make it into the "Success" domain but certainly tried!

4. Regional Coordinator Position 2025

a. Beth C - Mid Region - completes term CSM 2025

b. Welcome to Lauren Scanlon - from TN!!

5. Retiring SAs/Co-SAs:

a. Megan Wells-UT

b. Anne Davenport- OR

c. Aliya Decates-Miller- OH

d. Amy Walters- TX

e. Stephanie Prinster- MO

6. End of Year Reports Roll up

- a. Great Job!

7. CSM:

- a. Have time to volunteer at the APTA Geriatrics booth?
 - i. <https://www.signupgenius.com/go/10C0C45AFA62FA3F9C52-53416846-csm2025>
 - ii. WhatsApp to stay in touch?

- b. Anyone attending?
 - i. Beth Castellini (CO)- 970-201-6814
 - ii. Gretchen Jackson 615-293-8722
 - iii. Sharon Kimble (MN) 612-483-0080
 - iv. Gerry Morigerato (VT) 802-445-5717
 - v. Diane Fleming will be there! (OH) 724-322-8444
 - vi. Sharon Bentley (PA) will be there 717-615-8123
 - vii. Rachael Walton-Mouw (GA) 404-606-2951
 - viii. Nandina Ustaris (Virginia) 703-629-7759
 - ix. Beth Black (NM) 505-321-3214
 - x. Jim Milani (CO) 303-929-9610
 - xi. Sherry Colson 601-940-1090
 - xii. Swathi Balantrapu 650-285-7944
 - xiii. Renee Hawkins (ID), 208-863-5063
 - xiv. Laura White (Alabama), 251-610-0019
 - xv. Lauren Scanlon (TN) 5183128096
 - xvi. Anne Davenport (OR) 3366893545

8. Website Updates

- a. Member Toolkit:
 - i. <https://aptageriatrics.org/member-toolkit/>
 - ii. Share your stories link on the page
 - iii. Website updates are preventing some members from logging in

- b. **APTA Geri Calendar to list events**
 - i. <https://aptageriatrics.org/upcoming-events/>

9. SAFE - Sustained Athlete Fitness Exam

- a. Planning for National Games 2025
- b. Volunteers needed in Des Moines, Iowa - July 24, 2025 - August 7, 2025

c. Ideas

What The National Senior Games and Sustained Athlete Fitness Exam (SAFE) are coming to Iowa!

Why: Support the partnership between APTA Geriatrics and the National Senior Games Association!

Who: PTs, PTAs, and students

Where: The Rec Plex, Des Moines, Iowa

When: July 23-August 2

Questions Contact Becca.Jordre@usd.edu / 605-658-6370

Sign Up <https://signup.com/go/UNznfyQ> or scan QR code

Sign Up!



Affordable dorm housing available.

Continuing education credit option with additional training [details here.](#)



10. Task force for Logo Update

- a. Task Force completed recommendations and will be presented at the next board meeting in Feb for consideration

11. Update from Leadership Chat

- a. Nothing new to report, anticipate updates for Q2 meeting

12. National Falls Prevention Awareness Week (Sept) PT Month - (October)

- a. Theme - TBD
- b. Never too early to start planning

13. Membership engagement - most asked question to the Regional Coordinator team

- a. Student partnerships - manage FB pages? Email blast? Be a Co-advocate?
- b. PT/PTA school involvement with SA program
- c. Frequent emails to all members about events being planned/considered in your state
 - i. When students join and you add them to the list; reach out - see who their Geri Professors are. See if they want to volunteer, ask them what school they attend.
 - ii. Perhaps we can use students to send emails, or to be a co-advocate or jr. advocate?

- iii. Working on getting list of academics in state - reach out to them if this becomes available
- iv. **April and September** - look for an updated complete list from Kim
- d. Partner with APTA Geriatric SIGs (Bone Health, Health Promotion and Wellness, Balance and Falls, Cognitive and Mental Health, Global Health)

14. Updates:

- a. State Advocate Budget
 - i. Booth in a Box Program retired
 - ii. We have received our 2025 budget
 - iii. Need to start conversation about how to host a table at chapter events
- b. SAFE Banner request:
<https://www.cognitofirms.com/aptageriatrics/stateadvocateeventrequestboothina-boxsafebanner>
- c. APTA Forum: <https://forums.aptageriatrics.org/>
 - i. Feedback since our last meeting on its use? Try to visit

15. Announcements:

- a. OPEN State Advocate Positions:
 - i. East: District of Columbia, Maine, New Hampshire,
 - ii. Mid: South Dakota, Louisiana
 - iii. West: Hawaii
- b. OPEN Co-Advocate Positions:
 - i. East: -
 - ii. Mid: Missouri, Kentucky, TN, Michigan
 - iii. West: Nebraska, Texas, Washington, Utah

State Advocate Check in:

16. Check In Questions:

- a. **Are you receiving any honors or awards at CSM or elsewhere?**
- b. **Are you excited about an event at CSM (you are teaching or attending) at CSM or in the first quarter of 2025?**
- c. **Do you get your information from Facebook? Or the Forum?**