BH SIG MEMBER MEETING 4.2.24 AGENDA

Lisa Hamilton, Katherine Camp, Kathy Brewer, Kathy Shipp,

Barb, Angela Cavel, Nancy Malay, Kathy Shipp, Sandy Conran, KMJ Health Services, Rebecca Galloway, Nola Peacock, Joanne Fagerstrom, Sandy Conran, Rebecca Galloway, Nandina Ustaris, Ruth Haefner, Nicole Thompson, Tracy, Nola Peacock, c Galloway, Miles Quiben

 Welcome to Bone Health SIG (Lisa)

* Introductions/Leadership Roles (Lisa, Kat, Kathy B)
  + Welcome Mary M as new Secretary
  + SIG Liaisons and Students – Pelvic health, aquatics, research, orthopedics, health and wellness, students
    - Request of ideas on collaborations and initiatives.
* Current BH SIG Projects and Initiatives
  + CSM 2024 Recap (Kathy Brewer) – CSM session – Applying Geriatrics 5 ms Framework to Osteoporosis. 125 attended session. Case examples of bone health in various practices from CPG and Delphi Study
  + BH Toolkit Roll out and future plans ( pocket card, feature on SIG page)
    - Working document as SIG- Living document
    - Cynthia Barros shout out technical graphic skills
    - Share with Colleagues, research form CPG and Delphi Study
    - Assessment to outcomes to medications, exercise, populations
    - Ideas about expanding this with a pocket card – References for each section allow diving deeper. Ideas may include a video series
    - How to bring the tool kit to life in the community?
      * Looks amazing.
      * Kathy – Download and share in the clinic – Intent is to be a tool to manage bone health at sites. Needs to be used
      * Wisconsin meeting – different education series will be shared there.
      * Lisa- what to look for in clinic to put on clip board or ready access or enhancements. Have online with quick links.
      * Thanks for support and feedback – reading and sharing- go beyond our SIG
  + CSM 2025 Proposals/Call for Presenters(Kat Camp, Kathy B)
    - Secondary Fx Prevention/FLS (Kathy)
    - BoneFit Precon (2026 after updates: Level I/II) – Osteoporosis Canada, Now bone fit USA, hybrid
    - Panel Discussion/Case Application( Kat discussion with Kavita Patel)
    - Where do we go??
    - June Washington DC Conference will have Bone Fit Program
    - Bone Fit wanted to offer it either 2025 or 2026 when the update will be in effect
    - CSM 2025 may be an expert panel in research on Bone Health. Request for Participants to Lisa or Kat B
    - Kathy B – Next year secondary fracture prevention. Treat whole person to prevent second fracture from coming. In review of abstracts CSM, SIG are prioritizing. Fracture liaison service may be a presentation
    - Kat – Survey identifies with prevention and management of conditions with osteoporosis.
    - Kathy B – Spinal Conditions how do you manage those patients well. Where there is enthusiasm – Asking for someone to step up and move groups forward
    - Due date April 15, 2024 abstract
    - Barb Helgeson – CSM deadline – A lot of work done with ACL and bone health. Stuart Warden is doing a lot of work on tibial stress.
    - One individual puts abstract forward- just outline not final. Abstract is simple. Could be done in one hour. Then work starts after it is accepted. In outline bullet list and time and how integrated into interactive learning with the group. Same for all sections deadline.
  + Journal Club January 2025 (Lisa) – Choose article and then clinician to bring case study to reflect what was said in the research study. The case study is published in GeriNotes. We are looking at the last 3 years of pubs in JGPT to support AGPT. The CPG was published in JGPT. Desire to keep CPG to the forefront. Good activity for Residents to do the case presentation for the research.
  + ASBMR Representative (Kathy B) – Task force several years ago 2019 and APTA was approached for a representative. Carly Lindsey figure head and served. Outcome of task force was article on secondary fracture prevention with multistate coalition. Abstract on website about content of article. It was broad to many areas of health care. Last CSM presented. On website, the abstract was placed. Initial work group and development of article. Let Lisa know if you are interested and we can get you in contact with Carleen. Important to have a voice in the room. Joanne reached out about role ASBMR
  + BHSIG CHAIR Nominations for Fall 2025 Elections(Lisa H)
    - Nominations for leadership position in the SIG
    - Meet other bone heads, collaborate with peers on a different level
* SURVEY SAYS!
  + Member diversity
  + Member interests and needs
  + Future Planning
  + What is practice area? What is the gaps to fill? Bone health crosses all practice areas. Wide areas including out patient and education, Sports medicine and pediatrics includes bone health. Email members on the team on how you would like to collaborate. Many states represented. Engaged in any formal training and many have and also interested in opportunities. Talk at end about bone health flash. Opportunities for education. Fracture prevention, management and bone fitness health promotion clinics – osteoporosis awareness month. Many members are not working on teams and the SIG can help support your practice. Evidence based outcome measure tools. All kinds of tools in Kit. Bring CPG forward with a case study.
  + Surprises on the survey? -
    - Journal club to have someone to present a case study with complexity of care.
    - Challenges to address with stenosis and conditions that are flexion based.
    - How to address complexities.
    - Representative to Bone Health – passed survey to understand what is being done in May for bone health. Good way to get activities promoted.
    - Bone flash is one way to have your activities highlighted.
    - BHOF- press release, patient education, community awareness, position for go to providers and managers of condition. Student liaison charge is to put things out on social media. Make things know to peers
* Opportunities for Contribution to SIG/CTA
  + Reference List Update (Kat, Mary) –
    - Kathy Shipp- Kept reference list for many years and then began doing it. Tool kit became the priority. Do think that the reference list needs to continue with reformatted and how to make it more relevant to practice?
    - Joanne Fagerstrom – Cash based practice and now diagnosed with Osteoporosis even though doing right things. Reading latest articles on bone health. Reading my latest bone health list. Categorized by conditions and supplements, dairy, diagnostic tests, multiple pages, Wishes to talk to Kathy Shipp and join small committee about looking at it. Last bone list.
    - Can we move some things off the list
    - Send ideas to any of the three Kathy’s
    - Quick reference
    - SIG web page has the most recent update – what makes it easy for your to use the articles. Foundational articles will stay there.
  + Section/SIG Liaisons collaborations (Lisa and open discussion)
    - Collaborate with other practices and SIGS- encourage to reach out
  + SIG page contributions/Website Update – Talking about tool kit – need graphic art skills to help with SIG web page. Update PowerPoints- for downloading community presentations. Great residency project or student project. Paper on aquatic therapy needs to be updated.
    - Current BHSIG Events
    - Update PPT/Educational Materials
    - BH Toolkit Highlights for clinicians
  + Member Ideas and Interests
* Bone FLASH Quarterly Newsletter Contributions (Kat/Lisa)
  + NEW! Member Spotlight
  + Current Research
  + Upcoming Events
  + Recap of Trainings/Review (Lisa)
  + Want this to be something that is in service to the SIG. Start from global to international look. BHOF website has podcasts and blogs. Recent articles and news about what is going on in SIG. Feedback is always helpful. Want to highlight members. Welcome highlights with Osteoporosis awareness month.
  + Nola Peacock- article summaries in Flash are helpful.
  + Take member spotlight as way of highlighting what we are doing – for prevention treatment and management
* Osteoporosis Awareness Month May 2024 (Lisa and all)
* World Osteoporosis Day in November
* BONEFIT trainings June 12, 2024 ISO Symposium (KAT)
* FUTURE ALL MEMBERS MEETING AUGUST 2024
  + Date TBD-
  + Journal Club, Leadership Position for SIG Chair 2025; Update of Reference List
  + Final comments
  + Nandina Saris-interest in assisting with presentation updates
  + Take advantage of Kathy Shipp updating reference list
  + Need to cross reference with tool kit and reference list