

**APTA Geriatrics BF SIG Q1 2024**  
**Executive Committee Meeting**  
**DATE: Monday, March 4, 2024 6PM CT**

**Zoom Link:**

<https://us06web.zoom.us/j/84442702958?pwd=8dnlqpq58ce3qJpQsjOLhd4JF8bkQO.1>

Present: Heidi Moyer, Haim Nesser, Beth Castellini, Deborah Constantine, Myles Quiben, Daniel Truong, Heather Timothy, Holly Bennett, Stephanie Bond

Absent with Regrets: Sarah Roberts, Kimma Thomas, Gina Henebury, Tammy McHugh, Sterling Eckert, Jen Gindoff, Anne Reilley

Meeting called to order by HSM at 6:01 pm CST.

1. Welcome to Call/Roll call
  - a. Welcome to our new Board Liaison - Myles Quiben
2. Positional Updates
  - a. Knowledge Translation Liaison Report - Deborah Constantine
    - i. The new falls CPG is complete and now out for review. Once the first round of reviews is complete (a 2-week turn around) then the updated document will be sent out to the Balance and Falls SIG. Keith, Heidi and I discussed using the BF SIG listserv as a way to disseminate the BF CPG to its members for their review and comments. We can also send the BF CPG to a select number of members. Thoughts?
  - b. Student Liaison Report - Sarah Roberts and Daniel Truong
    - i. Student perspectives research study on BF management, accepted and live (Sarah)
      - # of submissions = 409
      - Would like to get 300-500
      - [https://angelo.az1.qualtrics.com/jfe/form/SV\\_b48Bvl9OmatF2ei](https://angelo.az1.qualtrics.com/jfe/form/SV_b48Bvl9OmatF2ei)
      - Survey open through May 15th, 2024, please share with your connections
        - a. One more email push
    - ii. Follow Up Survey (Daniel)
  - c. Early Career Professional Liaison Report - Kimma Thomas and Holly Bennett
    - i. Neuro Toolkit Update: In the formatting stage, we hope to give it to Heidi at the end of this week!
  - d. PTA Liaison Report - Gina Henebury – nothing new to report!
    - i. Continues to educate and advocate for PTA students/educators on Falls management
  - e. Community Outreach Liaison Report - Tammy McHugh and Sterling Eckert
    - i. NFPaw Multi-Specialty Toolkit Update
  - f. Special Projects Liaison: Sterling Eckert
    - i. APTA BF NFPaw Multi-Speciality Toolkit

- The team (Thank you to Beth Quinn and Edward Reyna for their efforts) is working on the final stages
  - Target Date: Mar 25, 2024
- g. Research Liaison Report - Jen Gindoff
  - i. Creating a survey to look at the health implications of “learning how to fall” class
  - ii. Will use BGSUs IRB
- h. Clinical Liaison Report - Stefanie Bond, Heather Timothy and Anne Reilley
  - i. Topics for 2024
    - April - Heart Failure
    - May - Student/Early Career Professional
    - June- Vestibular
    - July - Guest writer from neurology BFSIG
    - August - Guest writer Alyssa from oncology BFSIG
    - September - Post Fall Root Cause Analysis
    - October - Postural/Balance Strategies
    - November - Dosing Balance Exercises
    - December- Joint Replacements and Balance Training
  - ii. Collaboration with BFSIGs for Oncology and Neurology
  - iii. CSM Pre-conference course work development for 2025
- i. Secretary Report - Beth Castellini
  - i. Support Executive Team
  - ii. Update Monthly Challenge List
    - Current member list is 290 as of March 3rd
    - Some members are listed under two different email addresses - will reach out to see if they want to consolidate or need them to go to two addresses
  - iii. Send out Monthly Challenge each month
  - iv. Maintain Meeting minutes
  - v. Coordinate updates with APTA Geri Staff
  - vi. Organizing Google Drive folders and documents
- j. Vice-Chair Report - Haim Nesser
  - i. Supporting the Chair and Executive Board Members as needed.
- k. Chair Report - Heidi Moyer
  - i. CSM 2024 Updates
    - Pre-Con very successful and well-received
    - Tri-Alliance Presentation was poorly attended
      - a. Available On-Demand
  - ii. CSM 2025: [Submissions](#) due April 15th
  - iii. Tri-Alliance Update: discussing next steps for Tri-Alliance
    - Expand the Community Programs Toolkit
  - iv. GeriNotes
    - 2024: **LOOKING FOR TOPICS AND VOLUNTEERS**
      - a. May: Polypharmacy and Falls (Due March 1st)

- b. August: \_\_\_\_\_ (Case Study Presenter) (Due June 1st)
          - i. Differences in Balance Confidence, Fear of Falling, and Fall Risk Factors Among White and Black Community-Dwelling Older Adults
          - ii. <https://journals.lww.com/jgpt/pages/articleviewer.aspx?year=2023&issue=04000&article=00006&type=Fulltext>
        - c. November: \_\_\_\_\_ Focus Issue (Due September 1st)
          - i. Topic will be announced this summer
  - v. 2024 Projects: waiting to meet with Myles for board-approval on these projects
    - “The Value of Falls Prevention” PPT Materials
      - a. Community-facing
      - b. PT-facing
      - c. Medical (non-PT)-facing
      - d. Student-facing
    - Community programs toolkit from CSM work
  - vi. 2024 Elections
    - Heidi’s Chair term is ending CSM 2025 - they will not be seeking re-election
    - Haim’s Vice-Chair term is through CSM 2026
    - Beth’s Secretary term is through CSM 2027
  - vii. Goals for 2024
    - Expand SIG activities into research avenues
    - Solidify autonomy in the liaison roles
    - Recruit liaisons for election
    - Complete Neuro Toolkit
    - Complete NFP AW Toolkit
    - Complete 2024 projects (Value of PT and Community Programs)
    - Establish calendar for updating
      - a. Original NFP AW Event Toolkit
      - b. Outcome Measures toolkit
    - Expand Volunteer Pool
      - a. Beth Quinn
      - b. Eddie Reyna
      - c. Marcelo Mafra
3. New Business/Questions
  - a. No New business identified

Meeting called to close by HSM at 6:42 pm CST.