**APTA Geriatrics**

*Residency and Fellowship SIG Membership Meeting Meeting—*February 27, 2024

Virtual Zoom Event

1. Call to Order at 8:02 pm, attendance, and welcome
   1. Missy Criss, R/F SIG chair ([mcriss1@chatham.edu](about:blank))
   2. Jennifer Cabrera, RF SIG Vice chair ([jennycabrera@bellsouth.net](mailto:jennycabrera@bellsouth.net))
   3. Emma Phillips (Secretary) ([ochs.emma@gmail.com](mailto:ochs.emma@gmail.com))
   4. Lexi Woywod, RF SIG student liaison ([alexis.woywod@duke.edu](mailto:alexis.woywod@duke.edu)) {not present}
   5. Member Attendees: Amanda McKenna, Sadie Lowenthal, Geraldine Grzybek, Suzanne Rodriguez, Jennifer Pearcy, Nicole Thompson, Kathy Brewer (total 7)
2. **Mission (Purpose of the R/F SIG**): The purpose of the R/F SIG shall be to provide a forum through which individuals having a common interest in post-professional residency and fellowship education in geriatric physical therapy may meet and promote excellence and the advancement of the specialty of geriatric physical therapy via the growth and development of accredited residency and fellowship post-professional educational programs.

**PRIOR BUSINESS**

**1. Inter-SIG Journal Club – Hosted by RF SIG May 2024**

* 1. May 21, 2024 –  [Perceived Neighborhood Walkability is Associated with Recent Falls in Urban Dwelling Older Adults](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fjournals.lww.com%2Fjgpt%2FFulltext%2F2022%2F01000%2FPerceived_Neighborhood_Walkability_is_Associated.7.aspx&data=05%7C01%7CMCriss1%40chatham.edu%7Ca60e4035048b431f247908dba2a4d9b6%7C076cd512fb8b45c194da36c5ccee5ae6%7C0%7C0%7C638282601161207470%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ft4azJoaSSGmz7Kci0usiEY8EaOL38vybqoDQvs5Yh8%3D&reserved=0). Blackwood, Jennifer; Suzuki, Rie; Karczewski, Hannah. Journal of Geriatric Physical Therapy. 45(1):E8-E15, January/March 2022.
  2. Case study presented by Bonnie Rogulj
  3. We are assigned 1 Journal Club each year. We need volunteers to write a Case Study (includes powerpoint, presentation during journal club, and is published in GeriNotes). Residents, mentors, and program directors are all able to volunteer.
  4. Process
     1. Case study presenter ID’ed by November 2023
     2. Case study due to GeriNotes March 2024
  5. What to write about in the case study? Clinical application – did you try the techniques/test/intervention? How did it go? Was it easy/hard? Do you have a critique when it comes to clinical applicability or pt population that it might be used for? Do you think the intervention is able to be done in the clinic in the same way it was done in research?

1. **GeriNotes Residency Corner Program**

Purpose: Increase translation of evidence in Geriatric Physical Therapy to the everyday health of older adults.

* 1. Please encourage faculty and residents to submit. GeriNotes editor is wonderful to work with – it is a great learning experience! Great on CV/resume!
  2. We need submissions. If your residents are taking evidence and applying into the clinic, if they are starting new programs in their clinics, etc..
  3. Email Michelle Stanley with questions, to bounce ideas about what to write/submit
  4. Author Guidelines
     1. <https://geriatricspt.org/members/publications/gerinotes/Author-gerinotes.pdf>

1. **Why Geriatric Residency Webinar – 10/03/2023**
   1. Thought this went well! 40+ people attended
   2. Great work by Cynthia Barros, Tamara Gravano, Jill Heitzman, Rashelle Hoffman and others
   3. Great way to spread the word about Geriatric Residency. It is free!
   4. Recording is on the webinar page of the website/webinar site

<https://aptageriatrics.thinkific.com/courses/why-residency>

1. **Residency Fellowship SIG from Academy of PT Education** 
   1. Reminder to us to keep checking the Education Academy resources and link to them a little bit more. They are interested in helping all the sections with training for mentors and research questions**.**
   2. <https://www.aptaeducation.org/residencyfellowship-education-sig>
   3. Also has a research collaborative – Missy attended symposium but has been unable to attend follow up meeting. Grouping people into topic areas of residency research.
   4. They reach out to all academies to be a resource for them (programs) and for us. Good information, some available even if you are not a section or APTA member. Can also submit items to help build a repository of best practices.

**NEW BUSINESS**

1. **APTA Geriatrics Forums -** <https://forums.aptageriatrics.org/>
   1. Similar to listSERVs we used to have. After CSM additional work was going to be put into them and the creation of a Residency and Fellowship Forum. You can sign up to receive an email with a digest of information weekly when new information is added.
   2. A place to go and dialogue. Able to ask questions, ask for help, sharing strategies for mentoring, classes/curriculum ideas.
2. **Website/page** (Jenny Cabrera) – needs an update, last dated posting there is from 2021!!!
   1. We are working on updating and revamping webpage. We would like to add additional resources. What do people want?
      1. We can link GeriNotes articles, links for Geri candidate guide, webinars for programs, GCS prep courses/exams/resources
      2. Divide in to sections for residents, mentors, and program directors to help streamline information to the right people.
      3. Link APTA mentor training session on the APTA Learning Center
      4. Can post Forums on webpage
3. **Survey to RF SIG members** (Emma) – help us help you!
   1. Will be coming in the next month to help us make action plans to be able to help programs, residents and mentors.
   2. Getting priorities from our membership so we can better serve and support you.
4. **Something cool about the programs our members are involved in (introduced ourselves and then shared things we do well/like about our programs)**
   1. Ethics course, combined didactic courses with other specialties prior to breaking off into specialty instruction) , specialty observation experiences that we have available for their residents (driving in the older adult, community life, Dementia and Delirium clinic @ U PITT, attend Center for Assistive Technology, amputee clinic), education done in house and really integrates with all areas of the hospital and therapy teams which also helps when working on projects and education to other staff as CEUs helps to provide boost to other clinical faculty as they study and prep for GCS, residents sent out to teach at the local university programs, teach with Area Agency on Aging in an Aging Mastery series , put on screening programs (osteoporosis, stroke, etc.) help to develop materials, able to participate in Institute on Aging.
5. Other suggestions/residency idea sharing from prior meetings:
   1. Encourage access to the website
   2. Develop a Test your Knowledge exercise; myths about aging; CEEAA information; this may peak interest.
   3. Interviews residents and created a Q&A
   4. Looking for volunteers and post ideas to help with these and posts that would be interesting to people. Goal to bring more interest to residencies and geriatrics.
   5. How do we engage residents in community and interprofessional activities? *One program collaborates with their Area Agency on Aging; the resident participates in community education event and teaches at the entry level PT program*
   6. One program offers a resident/GCS professional mixer; lit review; residents meet local certified clinicians and broaden network of colleagues
   7. In programs, does everyone have an “advocacy” component for a requirement? Ideas: attend local professional association meetings; join a committee for the state APTA such as practice committee; Dependent on what is available in your area/institution….one program has their resident join their PM&R committee to collaborate with other professionals; one program is hosting a debate, much like the Oxford debate, for the first time this year;
   8. One program has a collective meeting of ALL types of PT practice residents, i.e. Geri plus Ortho, Neuro, etc.; case presented; discussion through their perspective specialty lens
   9. Discussion on how to gain access to students for promotion of residency: short power point? Talk to faculty member that teaches Geri or Leadership, ask for time to speak; OR bring food and meet interested students at the end of their classroom day schedule.
6. **Meeting structure**: Meet quarterly, alternating between leadership and members
   1. *February Member Meeting – Feb 27*
   2. *(May Leadership only – May 21)*
   3. *August Member Meeting – Aug 27*
   4. *(November Leadership only– Nov 19)*

***Action Items:***

***Survey coming this month!***

***Send any webpage ideas to Jenny Cabrera***

***Send social media ideas to Missy or our Student Liaison, Lexi***

**Adjourn Meeting: 8:47 pm EST.**

Directory of Programs

[https://accreditation.abptrfe.org/#/directory?f-accredited=true&f-candidate=false&f-developing=false&f-fellowship=false&f-residency=false&s-specialty=Geriatrics](about:blank#/directory?f-accredited=true&f-candidate=false&f-developing=false&f-fellowship=false&f-residency=false&s-specialty=Geriatrics)

Candidate/Developing Programs

[https://accreditation.abptrfe.org/#/directory?f-accredited=false&f-candidate=true&f-developing=false&f-fellowship=false&f-residency=false&s-specialty=Geriatrics](about:blank#/directory?f-accredited=false&f-candidate=true&f-developing=false&f-fellowship=false&f-residency=false&s-specialty=Geriatrics)