

Q4 State Advocate Quarterly Meeting Agenda and Check In

October 25, 2023 at 6pm MT/8pm ET

EOY Report Link: <https://forms.gle/iUDntyFDUTXsPtKh7>

***EOY Report is due by November 15th!

SAVE THE DATE - Next Meeting: 2024 (Plan for after CSM - we will update the 2024 schedule after the New Year)

1. Welcome New Advocates!
 - a. Catherine Staloch, Co-Advocate for North Dakota
 - b. Sharon Kimble, Co-Advocate for Minnesota
2. Kudos - State Advocates Highlights
 - a. SAFE EVENTS: Multiple States participated in SAFE screening recently
 - b. NFWAW EVENTS:
 - c. Swathi Balantrapu - Fall Screening "camp" at a local Senior Center!
 - d. Diane - Ohio - Daily posts on Ohio Facebook Group for National Falls Awareness Week!
 - e. Mihir - Great job stepping up and taking ownership of the Regional Coordinator Role!
 - f. Jim Milani - Finding amazing speakers for Colorado Monthly Calls! And thank you Colorado for inviting neighboring states to join calls!
3. Resources/Links:
 - a. SAFE Banner OR Booth in a Box request:
<https://www.cognitofirms.com/aptageriatrics/stateadvocateeventrequestboothina-boxsafebanner>
 - b. APTA Forum: <https://forums.aptageriatrics.org/>
 - i. Contact Dana dmurn@aptageriatrics.org
 - ii. Feedback since our last meeting on it's use?
4. Updates:
 - a. Accountability Buddy Project:
 - i. Anyone reaching out to others for support?
 - ii. Two ways to connect - email thread and APTA Geri Forum
 - b. Regional position opening Feb 2024 - Aliya is stepping down from the East Regional Coordinator Position at the end of her term. Are you interested in becoming the next Regional Coordinator!??!
 - i. How to apply - Reach out to your Regional Coordinator Team if you are interested or want to learn more about the role. The opening will also be

posted on Engage! We will share the link as soon as the position is posted.

- c. State Advocate Renewal for next year - Please let your Regional Coordinators if you are planning to step down from your role at the end of the 2023 term. If you plan to step down, do you know of anyone that you could recommend to replace you? Start thinking of names and don't forget to complete your End Of Year Report prior to finishing your term!
 - d. Booth in a Box Update: (directly from APTA Staff Kim Thompson)
 - i. What to expect: Pullup banner, membership flyers (PT and Student versions), swag (typically buttons/pins)
 - ii. If needed: please let Kim know if there is a specific flier beyond what is typically sent
 - iii. Average cost is \$80
 - e. SAFE Banners: Cost has increased so purchasing more than one is cost effective - please let your Regional Coordinator know if you have an event planned in 2024
 - f. Zoom - APTA Conference
5. Announcements:
- a. NFPAW - (National Falls Prevention Awareness Week) September 18-22, 2023
 - i. <https://www.surveymonkey.com/r/EPAW2023>
 - b. OPEN State Advocate Positions:
 - i. East: District of Columbia, Maine
 - ii. Mid: South Dakota, Kentucky, Louisiana
 - iii. West: None!
 - c. OPEN Co-Advocate Positions:
 - i. East: New Hampshire, Delaware, NJ Co-Advocate?
 - ii. Mid: None
 - iii. West: Hawaii, Nebraska? (yes - I think I may have someone interested), New Mexico

d. EOY Report

- 1. End of Year (EOY) report provides valuable information to present to the APTA Geriatrics Board on the events completed to support the APTA Geriatrics Mission
 - a. GOAL: 100% completion of EOY report by Nov 15th each year
 - b. <https://forms.gle/iUDntyFDUTXsPtKh7>

6. Breakout Rooms: Breakout Room Discussion:

- a. The goal of these breakout rooms is to provide you with time to provide feedback on the State Advocate Quarterly Meetings. We know how valuable your time is, and our goal is to make quarterly meetings as useful, inspiring, and time effective as possible. Your feedback will help us as we continue to structure and plan Quarterly Meetings in 2024.

b. Discussion Questions:

- i.** Did you feel that the 2023 State Advocate Quarterly Meetings were Valuable?
 - 1.** Were the 2023 Quarterly Meetings more or less valuable than in previous years?
 - 2.** Were the speakers that you have heard in the past few years relevant?
 - 3.** Are you happy with the meetings being only an hour long as opposed to past years, or did you prefer having more time carved out for meetings and live updates from each State

- ii.** Do you prefer meetings with Pre-Selected Speakers vs. an Open Agenda?
 - 1.** Is having a speaker present to discuss a predetermined topic helpful and engaging?
 - 2.** Do you prefer an Open Agenda where you can come and ask questions and hear other State Advocates questions and ideas?
 - 3.** Would you still be motivated to still attend the meeting if there is an open agenda without a speaker?

- iii.** Do you have suggestions for Speakers or Topics you would like to discuss during Quarterly Meetings in 2024?

- iv.** If you missed a meeting in 2023....
 - 1.** Did you watch a recording of the meeting
 - 2.** Did you read the meeting minutes that were sent out?
 - 3.** How many meetings did you attend in 2023?

State Advocate Check in:

- a. Alabama**
 - i.** AGPT booth at APTA-AL annual conference exhibit hall
 - ii.** Promoted geriatric programming at APTA-AL annual conference
 - iii.** STEADI fall screenings for FPAW
 - iv.** Email all new members - for first time, have an entry-level PT student who is in a hybrid program out-of-state who is asking about connecting locally (city in which he lives) with geriatric PT resources

- b. Alaska**
- c. Arizona**
- d. Arkansas**
 - i.** Assisting faculty and DPT students with community event, including fall prevention and balance screening
 - ii.** Created a Facebook group for Arkansas PTs and PTAs to discuss geriatric-related topics and share information

- e. California**

- f. Colorado
 - i. Monthly call with variety of speakers
 - ii. Email all new members
 - iii. Coordinating with West District Chairs and Ortho SIG to collaborate on an event/speakers
 - g. Connecticut
 - i. Presented a geriatric educational session at the annual APTA CT fall conference (2 co-chairs)
 - ii. Set up and manned a Geriatric SIG table that also included information provided by APTA Geriatrics. Collected additional email addresses from interested clinicians and students.
 - iii. Collaborated with the APTA CT Neuro SIG to provide an educational session on the Parkinson's CPG (co-advocate presented content in collaboration)
 - h. Delaware
 - i. DC - (Open position)
 - j. Florida
 - k. Georgia
 - l. Hawaii
 - m. Idaho
 - n. Illinois:
- Indiana:
1. Welcome email to new members
 2. Helped facilitate screening event with colleagues for a local health fair
 3. Continued participation in training new hires including Nurses, Nurse practitioners and medical assistants on fall prevention strategies at the workplace.
- Ongoing: trying to establish a collaboration with some local non profit organizations one of which works on equine assisted geriatric programming
- o. Iowa
 - p. Kansas
 - q. Kentucky (open position)
 - r. Louisiana (open position)
 - s. Maine (Open position)
 - t. Maryland
 - u. Massachusetts:
 - v. Michigan:
 - w. Minnesota: limited response to poll email for member ideas for engagement.
Follow up email. Resource sharing for GCS studying
 - i. New State Co-Advocate!
 - x. Mississippi
 - y. Missouri
 - z. Montana
 - aa. Nebraska:
 - bb. Nevada-

- cc. New Hampshire
- dd. New Jersey
- ee. New Mexico:
- ff. New York
- gg. North Carolina
- hh. North Dakota
 - i. NEW STATE CO-ADVOCATE!
- ii. Ohio:
 - i. Daily Social Media posts for NFPAW - including resources for caregivers, resources for clinicians from NCOA, State Falls Coalition, Steady U
 - ii. Diane - Trained in SAFE!
 - iii. Need ideas for 2024!
- jj. Oklahoma: Falls Screening for FPAW, Emailing New Members
- kk. Oregon
 - i. Anne - unable to attend meeting due to work conflict.
 1. We held the 2nd Annual Age Well Expo in observance of NFPAW at the Klamath Basin Senior Citizens' Center. We had 33 organizations and over 260 participants. We completed Fall Risk Screens, Medication Safety Reviews, and Home Safety Checks. We were also able to get Klamath County to issue a proclamation in observance of NFPAW.
 2. We are continuing to work with the (developing) Oregon Fall Prevention Coalition in crafting a Strategic Plan.
 3. Collaborating with Oregon Institute of Technology DPT Program to bring community members into labs to highlight Geriatrics PT - how this looks in the Community v Hospital v Outpatient, etc.
 - a. First lab upcoming on Nov 3, students will perform SAFE screen with community members from local Senior Center.
- ll. Pennsylvania
 - i. Sent out monthly welcome emails
 - ii. Sent out semi-annual newsletter with relevant info to PA
 - iii. Encouraged participation in the Senior Games in Pittsburgh this year
 - iv. Responded to member emails regarding local resources for fall prevention/senior programming
 - v. Attempted CGS study group this year with limited success
- mm. Rhode Island: The RI Co-Advocates collaborated with the University of RI and the RI Geriatric Educ Center to feature an informational table at the September monthly community fall balance screenings.
- nn. South Carolina Barb: Continue to 1.welcome new members, 2.continued Facebook posts,
- oo. 3. contacts with 3 community organizations for future collaborations.
- pp. 4. Working with SC Senior Games board to provide SAFE screenings at 2024 Aquatic Events
- qq. 5. Trying to get GCS study and support grp going

- rr. South Dakota (open position)
- ss. Tennessee-
- tt. Texas -emails to members, A Matter of Balance training with students leading classes, fundraiser for AGE of Central Texas
- uu. Utah
- vv. Vermont-
 - i. Gerry
 1. Co-presented a webcast for the “University of St. Augustine “Implementation of the CDC’s STEADI Initiative by Healthcare Providers to Prevent Falls Among Older Adults.”
 2. Emailed all Geriatrics section members and invited them to attend
 3. Attending APTA VT conference on 11/4 in Burlington
- ww. Virginia
- xx. Washington
- yy. Wisconsin:
- zz. Wyoming

Attendees: 31 State Advocates Attended