

**APTA Geriatrics**  
**Cognitive & Mental Health Special Interest Group Quarterly Meeting Agenda**  
**September 25th, 2023**

**Leadership Committee:**

Alexandra Alexander (Chair)  
Rashelle Hoffman (Vice Chair)  
Sarah Cooper (Secretary)

**Special Guests:** None

**Absent:** N/A

**Attendees:**

1. Tamara Gravano
2. Ruth Haefner
3. Riley Hogge
4. Minnie Rafael
5. Nicole Thompson
6. Erin Hofmeyer

**Agenda for Discussion**

- A. Housekeeping
  - a. APTA Geriatrics Awards Nominations Open
    - i. Deadline October 25th
    - ii. <https://aptageriatrics.org/honors-awards/>
  - b. APTA Geriatrics Elections
    - i. Open on October 1st
    - ii. <https://aptageriatrics.org/about-academy-geriatrics-pt/leadership/elections/>
  - c. APTA Geriatrics Forum is now live!
    - i. Can start conversations on certain topics and have a CMH SIG specific thread
  - d. SIG Updates
    - i. Bone Health SIG will have a presentation at CSM on the 5Ms Framework
    - ii. Bone Health SIG also looking for volunteer for Journal Club in January
    - iii. APTA Geriatrics considering addition of SNF/Post-Acute SIG
    - iv. Health Promotion & Wellness SIG advocating for yearly Wellness Check for all Older Adults
    - v. Global Health for Aging Adults SIG also looking for Journal Club presenter in March
      1. Also working on creating Cultural Competency Checklist
    - vi. Residency & Fellowship SIG also looking for volunteer for journal club
      1. Webinar on October 3rd - "Why Residency?"

2. [https://aptageriatrics.org/webcast-details/?webcastId=BD8EBF0C6FC27511BCA83AA93CD8DD2A&eventid=4331302&fbclid=IwAR2E3qdq2H\\_wMCXmk6leXBhuSTJz6TJHhEb-OQkcoa24APLFsqkJMjUxLg](https://aptageriatrics.org/webcast-details/?webcastId=BD8EBF0C6FC27511BCA83AA93CD8DD2A&eventid=4331302&fbclid=IwAR2E3qdq2H_wMCXmk6leXBhuSTJz6TJHhEb-OQkcoa24APLFsqkJMjUxLg)
  - e. Webinar - Otago Exercise Program
    - i. September 16th @ 8:00 EST
    - ii. <https://aptageriatrics.org/event/webinar-otago-exercise-program/>
  - f. Next CMHSIG meeting will be in January
- B. Updates
- a. Brainiac Newsletter coming out this month!
- C. Current projects
- a. Informational Video Taskforce
    - i. Working on providing instructional videos on standard measures for clinicians and students
    - ii. Having last meeting this month - creating pocket guides for standardized outcome measures
    - iii. Will assess number of downloads to determine future plans for expansion
    - iv. Plan to be completed by December 31<sup>st</sup>, 2023
  - b. Riley continuing to post resources on Social Media every few months
- D. Future Ideas
- a. Academic resources
    - i. Resources to share with students
      1. 3Ds Resource
      2. List of helpful apps
    - ii. Interactive learning ideas for students
  - b. Resources for Caregivers
  - c. Resource on new/up-and-coming medications and interventions