

BH SIG Meeting Minutes
August 8th, 2023
8pm

Members in attendance:

- Lisa Hamilton
- Kathy Brewer
- Kathlene Camp
- Cynthia Barros
- Joanne Fagerstrom
- Nola Peacock
- Ruth Haefner
- Nancy Malay
- Sandra Conran
- Tracy Horter
- Nicole Thompson
- Kathleen Clarke
- Roslyn Burton
- Patrick Donovan
- Jill Howery
- Gretchen Jackson
- Lynne Hughes
- Mary Milidonis
- Kathy Shipp
- Kimberly James
- Mary Morrison
- Christine Kamph
- Patricia Shropshire
- Barbara Wilson
- Ellen Macko

Additional Leadership Roles:

- Oncology Liaison – Stefanie Prinster
- Orthopedic Liaison-Cynthia Watson
- Pelvic Health Liaison-Nancy Cullinane
- Aquatics Liaison-Marti Biondi
- **Health and Wellness SIG: Nola Peacock volunteered to step into this role**
- Research Liaisons- Kathy Shipp, Kathy Brewer, Kathlene Camp
- *Student Liaisons-Paula Stonehouse, Giulia Marsella
- *If you are interested in other Leadership roles, please contact Lisa Hamilton*
lisahamiltonPT@gmail.com

What are we working on now?

- Bone Health Toolkit

- Communicate and translate the knowledge and information of evidence based literature to therapists that may not already be addressing their patient's bone health needs, and what other healthcare professionals on the team can be doing or referring PT for.
- Demonstration of Table of Contents
- Thank you to EVERYONE who has been helping contribute to
- Applying a 5M's Framework to Osteoporosis Management
 - Accepted into CSM 2024 in Boston
 - Presenters: Keith Aven, Kathy Brewer, Kathlene Camp, and Lisa Hamilton
 - The Geriatric 5Ms model (What Matters Most, Mind, Mobility, Medications, Multi-complexity) provides a comprehensive approach to older adult care and has been associated with reduced institutionalization, greater independence, and higher levels of physical function. This 5Ms model provides a framework to address factors impacting bone health and focuses on patient-centered care.
 - This presentation will integrate recent evidence-based documents and resources developed to support clinical decision-making and application of the 5Ms model through case study examples.

Journal Club

- January 16, 2024
 - Article: Screening for Osteoporosis Risk Among Community-Dwelling Older Adults: A Scoping Review
 - [Screening for Osteoporosis Risk Among Community-Dwelling Older Adults: A Scoping Review - PubMed \(nih.gov\)](#)
 - CALL FOR: Case Presenter, Case Study Publication in GeriNotes
 - We are looking for someone to tie the article listed above to a case study or their PT practice and submit to GeriNotes by October 2023, and then present at Journal Club on January 16th 2024.
 - See [Guidelines here](#) for Geri Notes, please contact Kathry Brewer if you have further questions: ptkkb55@gmail.com
 - For guidelines on the Journal club, please contact Cynthia Barros ptcynthia1@gmail.com

Additional Opportunities:

- BONE FLASH
 - Contact Kathlene Camp: Kathlene.Camp@unthsc.edu
-

Open Forum:

- Ideas brought up about students or clinicians using the research article on screening for osteoporosis and sharing their experience in the Geri Notes
- Members ask how students can use the Bone Health Toolkit once out-reviewed pocket cards that will be updated and shared

THANKS FOR ATTENDING!

CONTACT: LISA HAMILTON, CHAIR

LISAHAMILTONPT@GMAIL.COM

