

**APTA Geriatrics BF SIG Q1 Executive Committee Meeting**

**DATE: Wednesday, March 15, 2023**

**TIME: 6 pm CST**

Present: Heidi Moyer, Beth Castellini, Deborah Constantine, Heather Timothy, Anne Reilley, Tammy McHugh, Gina Henebury, Kimma Thomas, Sarah Roberts  
Absent with Regrets: Haim Nesser, Holly Bennett, Jen Gindoff

Meeting called to order by HSM at \_\_\_\_6:02\_\_\_\_ pm CST.

1. Welcome to call/Roll call
2. Positional Updates
  - a. Chair Report: Heidi Moyer
    - i. Welcome to the “New” Year!
      1. Welcome to our new PTA Liaison Gina Henebury
    - ii. Webpage: Quarterly Updates on the [webpage](#) are continuing
      1. Let Beth know if you see anything that needs to be fixed
    - iii. CSM 2023 Report
      1. 2 Successful programs
        - a. “Solving the Balance Problem in Medically Complex Patients Throughout the Lifespan” (**on demand**)
        - b. “Joining the Fight for Parkinson’s: Combating Disease Progression Through Evidence-Informed Interventions Across the Continuum”
      2. APTA Oncology BF SIG Meeting Friday 1-2pm
        - a. Heidi, Beth C, Beth B, Shweta, Gina, Jim (CO), Bringa (WI)
        - b. Neuro BF SIG
    - iv. CSM 2024 Submissions
      1. Safe Landing Strategy (Heather, Jen, Deborah, Heidi)
      2. Health Promotion and Wellness in Populations at Risk for Falls (Heidi, Rachel, Jen Nash)
      3. Floor Transfer Pre-Conference (Anne and Heidi)
      4. Neuro Conditions in Older Adults Part 1 (Kimma, Melissa, and Debbie)
      5. Neuro Conditions in Older Adults Part 2 (Holly, Jen Nash, Pooja M.)
    - v. Tri-Alliance/NFPAW Update:
      1. NFPAW Event Line Up
        - a. June 6th: Kick Off Celebration (Geri)
        - b. Monday, September 18th: Twitter Take-Over (Geri)
        - c. Tuesday, September 19th: Journal Club (Geri)
          - i. Okubo Y, Duran L, Delbaere K, et al. Rapid Inhibition Accuracy and Leg Strength Are Required for Community-Dwelling Older People to Recover Balance From Induced Trips and Slips: An

Experimental Prospective Study. *J Geriatr Phys Ther.* 2022;45(3):160-166.

- ii. Case Study Author: Sterling Eckert, PT, DPT
  - 1. Local clinician in San Angelo, graduated 2 years ago
  - 2. ANPT BF SIG has new chair in July: Jennifer Nash (NV)
- vi. GeriNotes
  - 1. March: commentary on Safe Landing Strategy (Jen + Heather+Deborah)
  - 2. May: Gearing Up for NFP AW (Heidi)
  - 3. August: Case Study for Journal Club (Heidi + Sterling)
  - 4. November: FOCUS EDITION, topic TBD
- vii. Social Media Engagement
  - 1. Please report and share items on social media related to APTA Geriatrics
- b. Vice-Chair Report: Haim Nesser
  - i. Supporting the Chair and Executive Members as needed
  - ii. CSM 2023
    - 1. Success! Thank you, Stefanie, for your support on this project! Wonderful job Heidi and Heather!
    - 2. Former [IPTOP](#) (International Association of Physiotherapists working with Older People) Member, Nancy Prickette recommended we reach out to the organization to offer to deliver this presentation for their members. Was introduced to the secretary of IPTOP through Shweta & our APTA Geri IPTOP Liaison (thank you!) who will forward my request to their education committee.
- c. Secretary Report: Beth Castellini
  - i. Support Executive team
  - ii. Update/Maintain Monthly Challenge email list
  - iii. Respond to requests/forward to executive team members as needed
  - iv. Maintain meeting minutes
  - v. Coordinate with APTA Geri staff as needed
- d. Knowledge Translation Liaison: Deborah Constantine
  - i. Awaiting duties and work assignments
  - ii. Assisting with NFP AW toolkit
  - iii. Assisting with Gerinotes articles
- e. Clinical Liaisons Report: Stefanie Bond, Heather Timothy, Anne Reilley
  - i. April topic coming soon --- Pets and Fall Risk
- f. Research Liaison Report: Jen Gindoff
  - i. Assisting with NFP AW toolkit
  - ii. Researching questions as they come in
  - iii. CSM content contributor
- g. Community Outreach Liaison Report: Tammy McHugh
  - i. Toolkit update - Multispeciality NFP AW toolkit for managing falls in any PT practice setting - March 28th deadline for any Part 1 project information
  - ii. June 6 Kick off call for NFP AW
- h. PTA Liaison Report: Gina Henebury
  - i. Goal to increase PTA presence in APTA Geriatrics across variety of practice settings

- i. Early Career Professional Liaisons Report: Kimma Thomas and Holly Bennett
  - i. Toolkit update: putting together outline for outside reviewers
  - ii. Submitted for 2 part CSM programming
- j. Student Liaison Report: Sarah Roberts
  - i. CSM reflections
  - ii. Goal for future Student meetups - find a time with less competition
  - iii. Working with APTA Geri re: gathering information re: Student involvement with Falls and Fall prevention
- 3. New Business/Questions
  - a. Heidi welcomes any ideas/questions/comments -- just reach out

Meeting called to close by HSM at \_\_6:40\_\_ pm CST.