

**APTA Geriatrics  
Cognitive & Mental Health Special Interest Group Quarterly Meeting Agenda  
April 19th, 2023**

**Leadership Committee:**

Alexandra Alexander (Chair)  
Rashelle Hoffman (Vice Chair)  
Sarah Cooper (Secretary)

**Special Guests:** None

**Absent:** N/A

**Attendees:**

1. Dawn Bookshar
2. Ruth Haefner
3. Rebecca Williams
4. Nicole Thompson
5. Anna Evans
6. Shannon Simpson
7. Riley Hogge
8. Christy Ross
9. Minnie Rafael
10. Devayani Kurlekar

**Agenda for Discussion**

- A. Housekeeping
  - a. APTA Geriatrics Election Nominations Open
    - i. Due June 6th
    - ii. <https://aptageriatrics.org/about-academy-geriatrics-pt/leadership/elections/>
  - b. CMH SIG Student Liaison
    - i. Welcome Riley Hogge!
    - ii. University of Central Florida Class of 2024
    - iii. Working on informational handout on long covid
    - iv. Will be our liaison to other SIGs
  - c. CSM 2023
    - i. Thank you to those who volunteered and completed poster/platform presentations and lectures
  - d. CMH Toolkit
    - i. 767 downloads as of March 15<sup>th</sup>, 2023
    - ii. Open access to members and non members
  - e. New research articles added to page thanks to Amie Rosenfeld
  - f. Journal Club November 14<sup>th</sup>, 2023 7pm CST

- i. Progression of Gait Changes in Older Adults With Mild Cognitive Impairment: A Systematic Review

B. Updates

- a. Partnership with BF SIG on monthly challenge
  - i. Exam and assessment to help with goal writing pertaining to patients with dementia and/or depression on balance and falls
  - ii. 1-1.5 pages max with references
  - iii. Casual and scientific writing like GeriNotes
  - iv. At the end, include a challenge to members (1-3 things members can implement right away)
  - v. Maybe include something for each setting?
  - vi. November 2023, due by September 30<sup>th</sup> 2023

C. Current projects

- a. Brainiac Newsletter
  - i. Christie is working on newsletter for Q2
    - 1. May is Mental Health Awareness Month
    - 2. Planning to highlight mental health topics
- b. Informational Video Taskforce
  - i. Working on providing instructional videos on standard measures for clinicians and students
  - ii. Plan to be completed by December 31<sup>st</sup>, 2023

D. Future Ideas

- a. Academic resources
- b. Any other ideas?
  - i. Publishing CMH Toolkit within GeriNotes
  - ii. Resources for patients/health care providers to promote cognitive wellness
    - 1. Alex, Christy, Dawn, and Riley leading project