

**APTA Geriatrics**  
**Cognitive & Mental Health Special Interest Group Quarterly Meeting Minutes**  
**January 11<sup>th</sup>, 2023**

**Attendees:**

1. Alex Alexander (Chair)
2. Christy Ross (Vice Chair)
3. Michele Stanley
4. Ruth Haefner
5. Rashelle Hoffman (incoming vice chair)
6. Cecil Callihan
7. Jacqueline Randa
8. Anna Evans
9. Johann dela Paz
10. Terry Kienle
11. Joyce Sligar
12. Minnie Rafael
13. Ruthanne Lamborghini
14. Barbara Wilson

**New Business**

- A. Housekeeping
  - a. New CMH SIG email
    - i. [cognitiveandmentalhealthsig@gmail.com](mailto:cognitiveandmentalhealthsig@gmail.com)
  - b. Results from google poll
    - i. 25 responses
    - ii. 36% of members in academics
      1. Ideas from those in academics
        - a. Handout with diagnoses for students
        - b. More resources for students
        - c. Curricular guides i.e. lesson ideas, cases, assignments, lab ideas
    - iii. Ideas for projects/improvements?
      1. Promotion of SIG with updating website and disseminating resources
      2. Resources for those in psych setting
      3. Community programming/health promotion at a community level
    - iv. What do you want to get out of this SIG?
      1. Networking and collaboration with other members
      2. Promotion of PTs role in assessing cognition and mental health
      3. Gaining more knowledge
  - c. New SIG Vice Chair
    - i. Rashelle Hoffman
- B. Updates

- a. Partnership with BF SIG on monthly challenge
  - i. November 2023, due by September 30<sup>th</sup>, 2023
  - ii. Possible idea of ACL
- C. Current projects
  - a. CSM Education Session – “Identifying, Testing, and Adapting Treatment for Individuals with Cognitive Impairment”
    - i. Cognition toolkit approved and on website
    - ii. Free for members and non-members
  - b. Brainiac Newsletter
    - i. Going to be submitted to final approval and sent to members and be put on website
  - c. Operation Chain Reaction
    - i. Alex will reach out to students on this
- D. Future Ideas
  - a. Short videos on standardized measures
  - b. Pick top 5
    - i. Beck depression and GDS suggested
  - c. Taskforce:
    - i. Christy Ross (Vice Chair)
    - ii. Michele Stanley
    - iii. Ruth Haefner
    - iv. Rashelle Hoffman (incoming vice chair)
    - v. Jacqueline Randa
    - vi. Anna Evans
    - vii. Johann dela Paz
    - viii. Minnie Rafael