APTA Geriatrics  
Cognitive & Mental Health Special Interest Group Quarterly Meeting Minutes  
January 11th, 2023

Attendees:  
1. Alex Alexander (Chair)  
2. Christy Ross (Vice Chair)  
3. Michele Stanley  
4. Ruth Haefner  
5. Rashelle Hoffman (incoming vice chair)  
6. Cecil Callihan  
7. Jacqueline Randa  
8. Anna Evans  
9. Johann dela Paz  
10. Terry Kienle  
11. Joyce Sligar  
12. Minnie Rafael  
13. Ruthanne Lamborghini  
14. Barbara Wilson

New Business  
A. Housekeeping  
   a. New CMH SIG email  
      i. cognitiveandmentalhealthsig@gmail.com  
   b. Results from google poll  
      i. 25 responses  
      ii. 36% of members in academics  
         1. Ideas from those in academics  
            a. Handout with diagnoses for students  
            b. More resources for students  
            c. Curricular guides i.e. lesson ideas, cases, assignments, lab ideas  
   iii. Ideas for projects/improvements?  
      1. Promotion of SIG with updating website and disseminating resources  
      2. Resources for those in psych setting  
      3. Community programming/health promotion at a community level  
   iv. What do you want to get out of this SIG?  
      1. Networking and collaboration with other members  
      2. Promotion of PTs role in assessing cognition and mental health  
      3. Gaining more knowledge  
   c. New SIG Vice Chair  
      i. Rashelle Hoffman  
B. Updates
a. Partnership with BF SIG on monthly challenge  
   i. November 2023, due by September 30th, 2023  
   ii. Possible idea of ACL

C. Current projects  
   a. CSM Education Session – “Identifying, Testing, and Adapting Treatment for Individuals with Cognitive Impairment”  
      i. Cognition toolkit approved and on website  
      ii. Free for members and non-members  
   b. Brainiac Newsletter  
      i. Going to be submitted to final approval and sent to members and be put on website  
   c. Operation Chain Reaction  
      i. Alex will reach out to students on this

D. Future Ideas  
   a. Short videos on standardized measures  
   b. Pick top 5  
      i. Beck depression and GDS suggested  
   c. Taskforce:  
      i. Christy Ross (Vice Chair)  
      ii. Michele Stanley  
      iii. Ruth Haefner  
      iv. Rashelle Hoffman (incoming vice chair)  
      v. Jacqueline Randa  
      vi. Anna Evans  
      vii. Johann dela Paz  
      viii. Minnie Rafael