

## BHSIG – midyear member meeting: 8/30/22 AGENDA

Link: <https://us02web.zoom.us/meeting/register/tZUvc-CgpzwsGNELns3Uq5LWhLZD4ceSqhnp>

Attendees:

- |                       |                        |                     |
|-----------------------|------------------------|---------------------|
| 1. Vicki Gold,        | 7. Sandy Conran,       | 13. Kathlene Camp   |
| 2. Barbara Helgeson,  | 8. Nancy Malay,        | 14. Cynthia Barros, |
| 3. Joanne Fagerstrom, | 9. Ann Homstedt,       | 15. Dr. Kimberly    |
| 4. Tracy Horter,      | 10. Minoos Mostafavir, | 16. Barbara Wilson  |
| 5. Kathy Shipp,       | 11. Lisa Hamilton,     |                     |
| 6. Cindy Watson,      | 12. Kathy Brewer,      |                     |

1. Welcome (Kathy B)

2. CSM 2023 – San Diego. Will list relevant sessions on our website once programming is published. No specific programming from BHSIG.

3. APTA Geriatrics news

- A. Reminder: (2022) CPG and Delphi study: Pt Mgt of Patients with Osteoporosis – available by links on the SIG website. “Knowledge Translation” follow up under leadership from Keith Avin, anticipated delivery by CSM.
- B. Scroll down from there for other resources including an Abstract and link from “Prevent the 2<sup>nd</sup> Fracture (includes discussion of FLS) multistakeholder recommendations with collaboration under ASBMR (Carleen Lindsey)
- C. APTA Geriatrics board approved the formation of the following Guideline Development Groups (GDG)
  - APTA Geriatrics Guideline Development Group (GDG) for **Clinical management of Sarcopenia/Frailty in the Older Adult**  
GDG Chair: June Kume, PT, MSPT, PhD at: [june.kume@liu.edu](mailto:june.kume@liu.edu).  
Link to apply:  
[https://engage.apta.org/volunteerresources/volunteer-opportunity-details?VolunteerOpportunityKey=8c0aa9f3-9967-41ea-8aab-732a207c652c&CommunityKey=425ed987-0200-4e53-91c1-e48861618bf0&fbclid=IwAR2c5jMFejJOqQjY2tNOHzRBXERIMIFj6By1Vz9IBZ\\_JeG1omC-6JOFv6So](https://engage.apta.org/volunteerresources/volunteer-opportunity-details?VolunteerOpportunityKey=8c0aa9f3-9967-41ea-8aab-732a207c652c&CommunityKey=425ed987-0200-4e53-91c1-e48861618bf0&fbclid=IwAR2c5jMFejJOqQjY2tNOHzRBXERIMIFj6By1Vz9IBZ_JeG1omC-6JOFv6So)
  - APTA Geriatrics Guideline Development Group (GDG) for **Pain Management in People Living with Dementia**  
GDG Chair: Annalisa Na, PT, DPT, PhD, OCS (GDG Chair) at [an838@drexel.edu](mailto:an838@drexel.edu).  
Link to apply:  
[https://engage.apta.org/volunteerresources/volunteer-opportunity-details?VolunteerOpportunityKey=a4b7f46e-aafb-4fbf-b13c-d0874ad47c8c&CommunityKey=425ed987-0200-4e53-91c1-e48861618bf0&fbclid=IwAR0KGsYjPGo27dEBm4iQ2dsRd5UJmKe2s6nPzX5e\\_iYGm2XJqvFTa8c7aGM](https://engage.apta.org/volunteerresources/volunteer-opportunity-details?VolunteerOpportunityKey=a4b7f46e-aafb-4fbf-b13c-d0874ad47c8c&CommunityKey=425ed987-0200-4e53-91c1-e48861618bf0&fbclid=IwAR0KGsYjPGo27dEBm4iQ2dsRd5UJmKe2s6nPzX5e_iYGm2XJqvFTa8c7aGM)

#### 4. BoneFit workshops (BHOF) - Kat

- Plan is to alternate between in person and virtual workshops and get a wide geographical spread
- If you are interested in training or want to share opportunities, visit: <https://www.bonesource.org/bonefit-usa>.
- If you are interested in providing or hosting a BoneFit course, please email, [education@bonehealthandosteoporosis.org](mailto:education@bonehealthandosteoporosis.org)

#### 5. New BONE HEALTH REFERENCES – This just in...2021 References update posting to the website TODAY

– Thanks to Kathy Shipp, Shweta Subramani, Lisa Reynolds and Kathlene Camp

#### 6. BHSIG Toolbox

- Project Lead: Lisa Hamilton
  - [lisahamiltonpt@gmail.com](mailto:lisahamiltonpt@gmail.com) contact if you have questions or are interested in contributing!
- Vision of BHSIG Toolkit
- Relevance of Toolkit to CPG/Delphi and clinical application
- Update on workgroups /topics and plan for information dissemination
- Current committee members asked to review documents posted and provide comments and recommendations

#### 6. Discussion/open forum

- Ideas brought up are future collaborations with other SIGs or sections regarding
  - Female Athlete Triad, SCI (Minoo)
  - Kathlene Camp brings up consideration for addressing other populations, eg. stroke, SCI, to determine or link to other sections who may have material addressing bone health
  - Barbara H. stress fractures and bone health with ACL, other sports med related conditions
  - There is work towards bone health! Focus on one thing at a time.
- Plan for APTA CSM 2024 is to submit a proposal for presentation on the ToolKit and Knowledge Translation we make available to membership.
- Lisa Hamilton asks about this being available to APTA membership over section/SIG etc.
- Joanne Fagerstrom shares her work in PA and practice
- Kathy Brewer and Barbara H. idea for share their “stories” about bone health patients, nothing formal yet, but something to think about.