

**APTA Geriatrics**  
*Residency and Fellowship SIG Meeting Agenda—Aug 23, 2022*  
Virtual Zoom Event

1. Call to Order, attendance, and welcome by Raegan Muller, Chair R/F SIG
  - a. Leaders present: Raegan Muller, Sarah Smith, Jenny Cabrera
  - b. Attendees: Missy Criss, Cynthia Barros, Suzanne Rodriguez, Ken Miller
  
2. **Mission (Purpose of the R/F SIG):** The purpose of the R/F SIG shall be to provide a forum through which individuals having a common interest in postprofessional residency and fellowship education in geriatric physical therapy may meet and promote excellence and the advancement of the specialty of geriatric physical therapy via the growth and development of accredited residency and fellowship postprofessional educational programs.
  
3. **Inter-SIG Journal Club 2019 – Hosted by RF SIG**
  - a. May 2022 – Characteristics of Older Adults Who are unable to perform a floor transfer
  - b. Planning – each APTA Geriatrics SIG “took” a month
    - i. Select article, promote Journal Club to members, great opportunity for residents, mentors
    - ii. Gerinotes team is VERY helpful in any edits/writing, suggestions!
    - iii. **RF has May for Journal Club – select article by January/February, identify a therapist for case report**
  
4. **GeriNotes Resident's Corner Program, RF SIG. APTA Geriatrics**

Purpose: Increase translation of evidence in Geriatric Physical Therapy to the everyday health of older adults.

  - a. RF SIG (Emma) communicated with Residency Directors – update (Emma)
  - b. Geriatric PT Residents, Faculty and Mentors are encouraged to submit articles to GeriNotes.
  - c. The Resident's corner seeks 5-6 articles a year for publication. Case reports, new geriatric PT programs and geriatric PT tools will be considered.
  - d. Articles are expected to be 1800 words in length and be in AMA format.
  - e. Residents will first have the article reviewed by their Residency Program Director. A brief cover letter written by the Residency Director will accompany the Geriatric PT Resident's article submission. The article will be submitted directly to GeriNotes.
  - f. MC – both residents at pitt were encouraged to submit to gerinotes resident corner; turned in on Monday and heard back right things; **gerinotes will also promote program if there is space**

<https://geriatricspt.org/members/publications/gerinotes/Author-gerinotes.pdf>

## 5. Update on Podcasts/volunteers needed! (Jenny Cabrera)

- a. JC zoom recording promoting R/F – 6 topics, 4-5 per session – needs volunteers (mentors, residents, graduates); **would like to represent as many program as possible**
- b. Will send out a call for volunteers and a spreadsheet with Jenny's email
- c. Would like to get as many on the same zoom call as possible
  - i. Testimonials – why residency, application process, best parts, challenges, etc
  - ii. JC will send spreadsheet for volunteers – goal to complete first one in September – goal is every other month – RF SIG to send spreadsheet out for volunteers
  - iii. EBP – what is it and how does Resident promote EBP, resources for EBP
  - iv. Mentorship – what was experience, how did it make you a better clinician and how to you embody mentorship in current role
  - v. Stress/Time Management
  - vi. Clinical Reasoning and Patient Advocacy
  - vii. What happens after specialization – what opportunities are available after residency
- d. Videos between residents – not all have open social media accounts (limited for VA and other hospitals)

## New Business

Upcoming Elections – October

Awards Nominations open

**Update on applications**– pulled from neuro candidates, why we are talking about promotion ideas – zoom recordings, geri notes publications. Any opportunity to promote R/F through clinical education or CI credentialing/advanced credentialing? Relationship with National Senior Games – intersecting Geriatrics with Sports

## Adjourn Meeting

Directory of Programs – 22 accredited programs

<https://accreditation.abptrfe.org/#/directory?f-accredited=true&f-candidate=false&f-developing=false&f-fellowship=false&f-residency=false&s-specialty=Geriatrics>

Candidate/Developing Programs – 3 programs

<https://accreditation.abptrfe.org/#/directory?f-accredited=false&f-candidate=true&f-developing=false&f-fellowship=false&f-residency=false&s-specialty=Geriatrics>