

June 13th, 2022

Dear Physical Therapy Professional,

Welcome to the APTA Geriatrics Balance and Fall Special Interest Group (BF SIG)! The BF SIG is the largest SIG of APTA Geriatrics at over 800 members. We are a diverse and passionate group that pride themselves on creating relevant, quality, clinical content for its members. I am so proud of this team and invite you to peruse our website for additional information. On behalf of the volunteer executive committee for this group, I'd like to give you a small list of what you can look forward to as a member of the BF SIG as well as direct you to a few resources available to you.

1. OPEN ACCESS to the [National Falls Prevention Awareness Toolkit](#).
2. OPEN ACCESS to the [Outcome Measures Toolkit](#).
3. Opportunities to volunteer on BF SIG projects such as toolkits and webinars.
4. Quarterly news updates to the BF SIG webpage within the APTA Geriatrics website including member spotlights, updates on projects, and important dates regarding balance and falls in older adults.
5. "Ask the Research Liaison" where members can send clinical questions to our Research Liaison and get a detailed response based on current evidence to help answer your burning questions.
6. Regular content authored by BF SIG officers and members in GeriNotes, the APTA Geriatrics Clinical Magazine.
7. Access to the Monthly Challenge, our clinical newsletter, in which a topic regarding falls prevention is detailed each month to provide members with a deeper understanding of the topics that impact balance and falls in older adults.
8. Annual SIG-sponsored Combined Sections Meeting (CSM) programming.
9. Annual National Falls Prevention Kick Off Call in June/July as well as SIG-sponsored activities during the month of September.
10. Readily available access to other highly skilled clinicians, early career professionals, and students who are actively working to improve balance and falls management in older adults.

Many of our past and current projects stem from member requests. Please feel free to reach out to us at any time via email at agptbalanceandfallssig@gmail.com. We love hearing feedback from our members about what their needs are.

Best wishes and warmest regards,

Heidi Moyer, PT, DPT

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Chair, APTA Geriatrics Balance and Falls SIG