

GERINOTES Instructions to Authors
(updated February 2022)

GeriNotes Mission: To provide engaging content that empowers the community of physical therapy clinicians to build expertise and expand the delivery of evidence-informed care that promotes health and wellness in aging adults.

GeriNotes Vision: To create an evolving online community through which clinicians develop their knowledge and skills based in shared ideals that are person-centered; and promote a world where aging adults move, live, and age well.

1. GeriNotes is a digital magazine publication for articles pertaining to clinical practice of geriatric physical therapy as well as governance of APTA-Geriatrics, an Academy of the American Physical Therapy Association. It is **not** considered a peer-reviewed journal although is peer-edited and approved prior to publication. A wide variety of informational articles of interest to those practicing geriatric or general principles of physical therapy that apply to older adult medicine are welcome. Articles that describe treatment techniques, case studies, small sample research studies, and reviews of literature are welcome. Papers on new and innovative technologies, especially if accompanied by case reports, will be considered for publication. *Submission is not a guarantee for publication.*
2. Language and format of articles should be consistent with the *Guide to Physical Therapist Practice*. Although a magazine format, language must be appropriate for a professional exchange rather than “conversational” writing except when clearly an editorial. People-first language is required.
3. All articles must be adequately referenced and cited according to AMA convention for clarity.[American Medical Association Manual of Style, 10th edition format]. If tables and/or figures are used, they must be original OR permission must be requested to use any information previously published. Copyright infringement of any kind will result in an article being rejected or sent back to author for revision at editor/editorial board discretion. All authors must sign a declaration of original authorship and conflict of interest prior to final publication.
4. **There are restrictions on length** of submissions. 800 words is about 1 page. Articles shorter than one page will be considered; however, GeriNotes is generally unable to publish articles longer than 3000 words. References are not included in the total word count. Longer articles will likely be returned to authors with suggestions for editing.
5. Please submit with original article a short, 2-3 sentence biography at the end of the article. This should include name, credentials (APTA convention), and (if desired) a brief statement about practice/workplace. A head shot type photograph of author may be

included and will be published on a space-available basis. Preferred format of photograph is a jpeg file.

6. Photographs enhancing article content are welcomed with preference for jpeg formatting and color. If subjects are depicted, permission to publish must be on file with the APTA-Geriatrics office. Video accompaniments depicting techniques, positions, or responses that are clinically relevant are welcomed to accompany submissions; these may be also indirectly published on the APTA-Geriatrics webpage or embedded as URLs within the article. **Vimeo** formatting is preferred. Submission of video is not a guarantee of publication even if the article is accepted.

7. Articles must be submitted to the Editor of *GeriNotes* via email submission:

Gerinoteseditor@gmail.com

8. Articles will be edited and published as space permits and at the discretion of editors, and editorial board, and published as to merit and interest. Recognized experts may also be queried to review topics in their area of expertise as needed. Articles that do not adhere to guidelines may be returned to the author for additional edits, if necessary.

9. **FIRST TIME AUTHORS** and clinicians that do not regularly publish professionally are **invited** to pitch a “story idea” for an article to the editors prior to submission of an article. GeriNotes editors will be happy to review and suggest writing treatments, directions of article, and edits to de-stress the submission process and increase success. **All readers are invited to suggest article and story ideas for development to the editorial board – even if they do not wish to write the article.**

10. Description of Text:

- a) DO NOT include an abstract
- b) Text should be double-spaced, 12-point font, with 1 inch margins.
- c) Title page should include author’s name(s), credentials, phone, email, work-place address. [Note: editors may modify final title headline for article]
- d) Any diagrams, figures, tables, graphs, photos should be printer-ready, labeled, and submitted as separate attachments in the email attachment. Please DO NOT embed within the body of the manuscript although an indication of desired placement is appropriate. **Please remember to appropriately label each photo, graph, table, figure or diagram and** include written permission to publish if you do not own the copyright.

11. Description of Reference List: Citations should be numbered sequentially as they appear in the text and should correspond to the superscript number in the text and listed at the end of the article. Do not repeat the same reference using a different number in the reference list. Only references cited in the article should be listed. The reference page

should be submitted as a separate document; avoid automatic numbering of lists if possible.

12. GeriNotes is published 5 times per year in January, March, May, August, and November. The editor cannot promise that articles will go in any particular issues of GeriNotes. Time sensitive copy may take priority in any issue. Copy that is accepted will go into a queue for future issues.

13. Additional Comments on Style Manual:

- a. People first language
- b. Avoid patriarchal statements: “my patient,” etc
- c. gender neutral pronouns favored
- d. “ageing” is preferred spelling by APTA Geriatrics
- e. Use numbers for 1-10 within text
- f. Avoid starting sentences or paragraphs with clauses
- g. Padding word count never encouraged: think lean and efficient language