

APTA Geriatrics Balance and Falls Special Interest Group
Annual Members Meeting
Tuesday, March 1st, 2022

Zoom Call: <https://us02web.zoom.us/j/88254035050?pwd=cUVYRTNtNnRWZmhxVTZ2cFA2WjdQZz09>

Contact us at: agptbalanceandfallssig@gmail.com

Meeting called to order at: 6:02 pm CST by HSM with 23 members in attendance

Present: Heidi Moyer, Haim Nesser, Beth Castellini, Ann Lowrey, Heather Timothy, Holly Bennett, Kimma Thomas

Absent with Regrets: Deb Constantine, David Taylor, Jennifer Gindoff, Stefanie Bond

1. Welcome to the Call and Introduction of Officers
2. Recap on 2021
 - a. Chair: Heidi Moyer
 - b. Vice-Chair: Haim Nesser
 - c. Secretary: Beth Castellini
 - d. Nominating Committee: Deb Constantine
 - e. Clinical Liaisons: Stefanie Bond and Heather Timothy
 - f. Research Liaison: Jen Gindoff
 - g. Community Outreach Liaison: David Taylor
 - h. PTA Liaison: Ann Lowrey
 - i. Early Career Professional Liaisons: Kimma Thomas and Holly Bennett
3. Accomplishments in 2021
 - a. 2021 Election largest slate of candidates
 - b. National Falls Prevention Awareness Week Kick Off Call
 - c. Outcome Measure Toolkit Updated
 - d. CSM Programing
 - e. Transition of officers
 - f. Increased PTA engagement/presence
4. Plans for 2022
 - a. New Toolkit: Older Adult Neuro Populations across all settings
 - i. Survey pending to increase feedback from project volunteers
 - ii. Engage application process
 - b. Newsletter Revamped
 - i. Quarterly - authored by ELT, Liaisons and members
 - ii. Improve communication between members and the project updates throughout the year
 - c. CSM Programming - TBD pending acceptance
 - i. Webinar development of projects not accepted
 - d. GeriNotes Presence
 - i. BFSIG each month
 - e. Journal Club
 - i. July is BFSIG

- f. Tri-Alliance with SIGS - BF, Neurology, Oncology
 - g. NFAAW Efforts - TBD
 - h. Increased PTA and student member engagement
 - i. Monthly Challenge Expanded
 - i. Looking for different clinical practice topics for all settings
 - ii. Contact SIG if you'd like to be on the mailing list
5. BF SIG Resources Available - SIG membership is FREE for all APTA Geriatrics members
- a. Falls Prevention Awareness Toolkit:
<https://aptageriatrics.org/sig/balance-falls-special-interest-group/falls-prevention-awareness-toolkit>
 - b. Outcome Measures Toolkit: <https://aptageriatrics.org/sig/balance-falls-special-interest-group/bfsig-outcome-toolkit>
 - c. Ask a Research Liaison agptbalanceandfallssig@gmail.com
 - d. SIG Quarterly Newsletter
 - e. Monthly Challenge
6. APTA Geriatrics Resources
- a. Journal Club
 - b. Journal of Geriatric PT
 - c. GeriNotes <https://aptageriatrics.org/gerinotes>
 - i. Michele Stanley - call to authors - gerinoteseditor@gmail.com
 - d. Student membership FREE for 2022
 - e. State Advocate Program <https://aptageriatrics.org/state-advocates/#:~:text=APTA%20Geriatrics%20State%20Advocates%20work,Geriatrics%20and%20the%20state%20chapter>
7. Call for Volunteers
- a. APTA Engage postings for leadership opportunities
8. Open Forum Discussion
- a. Member shared relationship with and looking for collaborators to join efforts with: National Aging in Place Council; My Health Angel
 - b. Links from chat box:
 - i. NCOA: <https://www.ncoa.org/>
 - ii. NCOA: <https://www.ncoa.org/evidence-based-programs>
 - iii. USC Fall Prevention Center Resource on Aging in Place <https://gero.usc.edu/2017/09/20/learn-fall-prevention>
 - iv. APTA Geriatrics [Balance and Falls | APTA](#)
 - c. Discussion on "Culture Shift" in SNF setting to promote movement vs use of alarms - John Hopkins Mobility Research on Early Mobility in Patient Outcomes <https://www.johnshopkinssolutions.com/early-mobility-improves-patient-outcomes>

Meeting called to close at: 6:58 pm CST by HSM