

## Bone Health Flash!

June 2021

**SAVE THE DATE! BHSIG MEMBER MEETING AUGUST 3, 2021, 8 PM EST.** Once a year is not enough! This will be a virtual meeting via Zoom, with registration through the APTA Geriatrics website. Stay tuned for details. Invite your colleagues to join and boost our SIG membership, so we have more “boots on the ground” in other areas of clinical practice that are seeing patients with potential bone health related issues.

### CSM 2022 Updates

Kathy Brewer has successfully submitted an abstract for CSM 2022: **Osteoporosis Prevention and Post-Fracture Management Strategies Across Physical Therapy Practice Areas for Optimal Bone Health**  
Line-up: Carleen Lindsey (Prevention of secondary fracture, ASBMR strategy), Cynthia Watson (orthopedic perspective), Stephanie Prinster (oncology perspective), Nancy Cullinane (pelvic floor/women's health perspective). We will anxiously await the approval sometime in the next few months.

### CALL TO ACTION:

**Please consider: Volunteers for Workgroup for updating Literature Reference List:** Dr. Kathy Shipp has done an amazing job organizing and updating our list and has provided some suggestions for an even better end user experience. If you are in the literature on a regular basis, in academia, research or program development, this could be a great opportunity to contribute to a special project. Please contact Kathy Brewer ([ptkkb55@gmail.com](mailto:ptkkb55@gmail.com)) if you are interested!

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### BONE HEALTH RELATED RESEARCH:

Föger-Samwald, U., Dovjak, P., Azizi-Semrad, U., Kersch-Schindl, K., & Pietschmann, P. (2020). **Osteoporosis: Pathophysiology and therapeutic options.** *EXCLI Journal*, 19, 1017–1037.

<https://doi.org/10.17179/excli2020-2591>

Aboarrage Junior, A. M., Teixeira, C. V. L. S., Dos Santos, R. N., Machado, A. F., Evangelista, A. L., Rica, R. L., Bocalini, D. S. (2018). **A high-intensity jump-based aquatic exercise program**

**improves bone mineral density and functional fitness in postmenopausal women.** *Rejuvenation Research*, 21(6), 535–540. <https://doi.org/10.1089/rej.2018.2069>

Please visit the APTA Geriatrics and SIG area often for updates and information!

Send any research, news, or scholarly work you would like to share that could benefit our membership for inclusion on the website or BONE FLASH to: Lisa Hamilton, Vice Chair at [lisahamiltonpt@gmail.com](mailto:lisahamiltonpt@gmail.com).