Enter the following URL into a web browser: SilverSneakers.com/FitnessRX

Once on the page, enter the member’s First Name and Last Name, and then click Next.

Enter member’s Date of Birth and then click Next.

Enter member’s ZIP Code and then click Next.

Enter member’s Email Address* and Phone Number (optional) then click Check Eligibility.

*Valid email address is needed if the member would like to create and take advantage of our online member portal. An email address can only be linked to one account. Each individual will need a separate email address to register online.

Note: If you receive an error message as a result of your search, please call SilverSneakers Customer Service at 1-888-423-4632 Monday through Friday from 8 a.m. to 8 p.m. ET.
1. Enter the following URL into a web browser: SilverSneakers.com/Locations

2. From the location search page enter an address, city/state or a ZIP code to look up locations close to the member. Your search results will populate from the center of the location you entered.

3. Filtering options: You can select SilverSneakers®, SilverSneakers BOOM™ or SilverSneakers FLEX® class types to narrow your search. You can also search by Amenities and Gender Specific locations.

   Note: You should not select multiple options at once as it will look for a location which has all the options selected.

4. Detail views and Icon description: You can select either the detail link on the left or an icon on the map to read more details about a specific location.