

CHECK MEMBER ELIGIBILITY ON THE SILVERSNEAKERS WEBSITE

1

Enter the following URL into a web browser: SilverSneakers.com/FitnessRX

2

First Name: ✓

Last Name: ✓

Once on the page, enter the member's First Name and Last Name, and then click **Next**.

3

Date Of Birth: ✓ ✓ ✓

Enter member's Date of Birth and then click **Next**.

4

Zip: ✓

Enter member's ZIP Code and then click **Next**.

5

Email:

Phone:

Keep me up to date with SilverSneakers® and Tivity Health emails

By providing your email address and/or any other personal information, as defined under applicable law, you acknowledge that you are agreeing to our use of your information as provided in our [Privacy Policy](#).

Enter member's Email Address* and Phone Number (optional) then click **Check Eligibility**.

*Valid email address is needed if the member would like to create and take advantage of our online member portal. An email address can only be linked to one account. Each individual will need a separate email address to register online.

6

You're Eligible!

You are one step away from access to over 16,000 fitness locations!

Create a password to begin accessing your benefits:

* Email

* Password

* Confirm Password

Complete the online account information or provide the member their SilverSneakers ID number.

Note: If you receive an error message as a result of your search, please call **SilverSneakers Customer Service at 1-888-423-4632** Monday through Friday from 8 a.m. to 8 p.m. ET.

FIND PARTICIPATING LOCATIONS

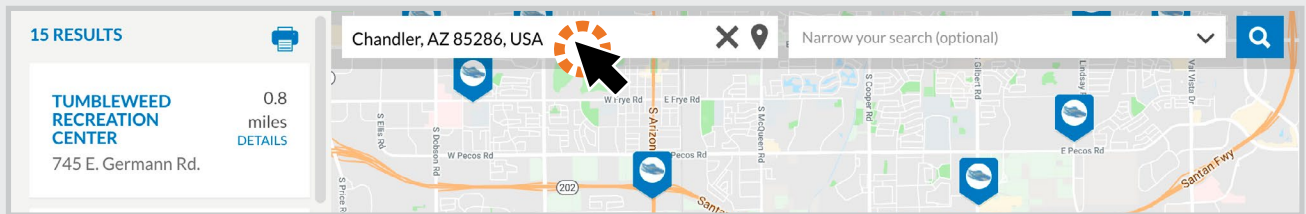
1

Enter the following URL into a web browser: SilverSneakers.com/Locations

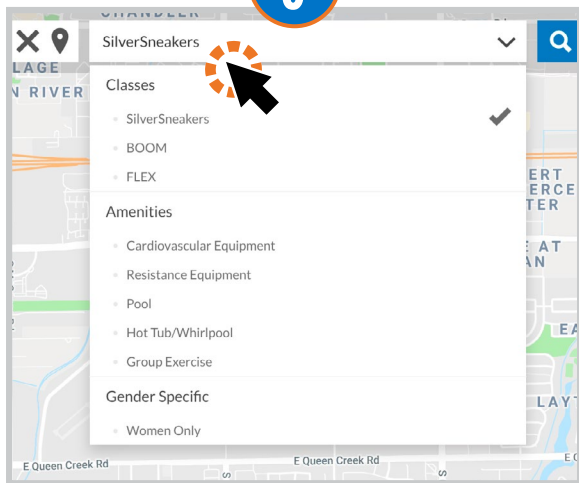
2

From the location search page enter an **address, city/state or a ZIP code** to look up locations close to the member.

Your search results will populate from the center of the location you entered.



3

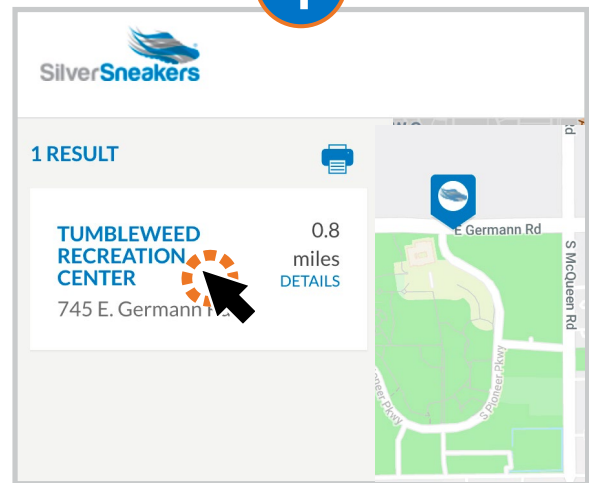


Filtering options:

You can select SilverSneakers®, SilverSneakers BOOM™ or SilverSneakers FLEX® class types to narrow your search. You can also search by Amenities and Gender Specific locations.

*Note: You should not select multiple options at once as it will look for a location which has **all** the options selected.*

4



Detail views and Icon description:

You can select either the **detail link on the left** or an **icon on the map** to read more details about a specific location.